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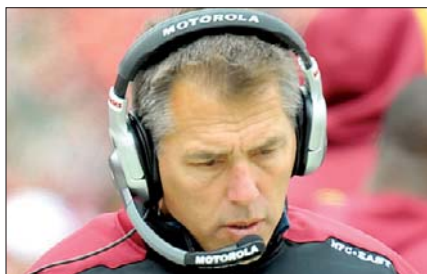
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## Tuesday



JOHN MCDONNELL/TWP

Zorn said he took the demotion to help the team.

**Called Out:** Weary Zorn cedes play-calling duties | **21**

**Afghan Fraud:** One-third of Karzai votes are voided | **9**



**Hard to Ill:**  
Fight off the flu with food, yoga and massage | **FIT**

**lookout**

**Gridlock:**  
Sufjan Stevens gets stuck on 'The BQE.'  
Plus, Jay Farrar on channeling the late, great Jack Kerouac.



>> **34-43**



ERIC RISBERG/AP

## U.S. Eases Up on Medical Marijuana

**RELAXED:** Samuel Bagdorf, who suffers from anxiety disorders, smokes his marijuana pipe at the San Francisco Medical Cannabis Clinic Monday. In a policy shift, the U.S. Justice Department said it will not prosecute pot-smoking patients and their sanctioned suppliers in states that allow medical marijuana use. ♣ **Smoke Signals:** Pot arrests not worth the time, U.S. says | **Page 5**

## Poll: Most Warm to Care Plan

New survey finds majority now supports public option

WASHINGTON | As Democratic congressional leaders and White House officials work to shape health care bills that will go to the House and Senate floors, a new Washington Post-ABC News poll shows that support for a government-run health plan to compete with private insurers has rebounded from its summertime lows and now wins clear majority support from the public.

Americans remain sharply divided about both the overall health care package and President Obama's leadership on the issue, reflecting the intense partisan battle that has raged for months over the administration's top legislative priority. But majorities now back two key and controversial provisions: both the so-called public option and a new mandate requiring all Americans to carry health insurance.



Obama

Independents and senior citizens, two groups crucial to the debate, have warmed to the idea of a public insurance option. But in a sign of the fragile coalition politics that now influence the negotiations in Congress, Obama's approval ratings on health care are slipping among Democrats. Among Democrats, strong approval of his handling of health care has dropped 15 percentage points since mid-September. DAN BALZ AND JON COHEN (THE WASHINGTON POST)



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VOTE AT EXPRESSNIGHTOUT.COM OR TEXT **A** FOR 'YES' OR **B** FOR 'NO' TO 98999. FOR MONDAY'S RESULTS, SEE PAGE 40

TUESDAY  
**70 | 48**

WEDNESDAY  
**75 | 53**

# eyeopeners

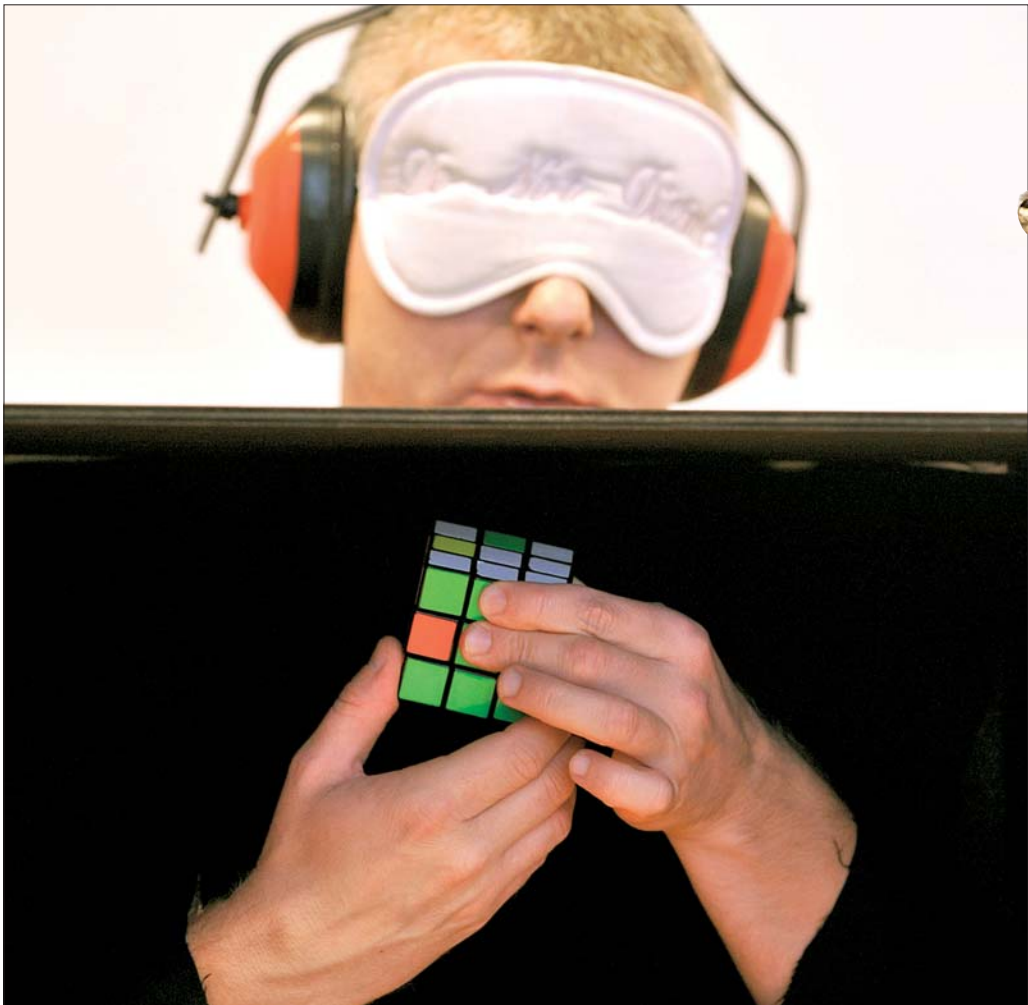
**'I HIT MY HEAD AS A BABY'**  
**Child Now Has an Excuse for Anything Dumb He'll Ever Do**

An Antioch, Calif., toddler is alive after falling 30 feet from an apartment window and landing on concrete and rocks. Officials say the 22-month-old boy was alert after the plunge Sunday that left him with just a cut on his abdomen, a bruised lung and a bump on his head. The boy appeared to have climbed onto furniture near an open window and fell after pushing against the screen. (AP)

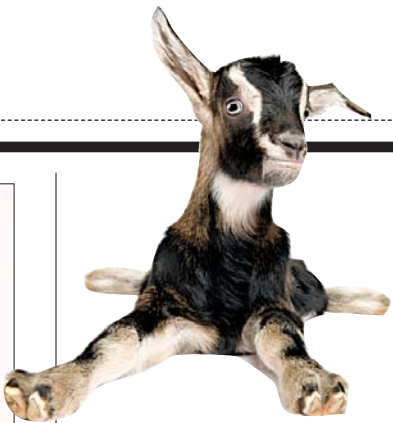


**DANGER**  
**Look, Ma: No Hands, Brains or Caution!**

Melbourne, Australia, police pulled over a driver who was using two phones — one in each hand — and driving with his knees Saturday, Australia's ABC News reported. The man, who says he was transferring data from one phone to the other, claims he actually had one finger on the steering wheel. (EXPRESS)



**PUZZLES**  
**It's Hip to Be Square**  
A participant in the annual Rubik Cube Hungarian Open Championships solves nine 3x3 cubes blindfolded in Budapest, Hungary, on Sunday after memorizing all of them. The event also featured mosaics made from the game cubes and a build-your-own puzzle competition. (AP)



**CRUEL**  
**Wealthy Suburb Enslaves Goats**

Andover, Mass., has some new landscapers — a half-dozen goats clearing and maintaining an overgrown public meadow. Under a pilot program, dairy goats will rotate their grazing around the meadow, clearing as much as a half-acre every three days. The fact that they're free is important to town officials, since money is tight and Andover couldn't afford the heavy equipment, fuel and labor needed to clean up the meadow. (AP)

**PUBLIC ART**  
**"It's a shame that a cow on an important mission should be stolen like this."**

— **TOBY BUDD** OF THE KING HARRY FERRY COMPANY, REGARDING A LIFE-SIZED FIBERGLASS COW THAT WAS STOLEN IN CORNWALL, ENGLAND. THE COW WAS MEANT TO RAISE AWARENESS OF CLIMATE CHANGE.



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# Sen. Burris Threatens A 'No' Vote

Senator says he won't back health bill that lacks a public option

WASHINGTON | For Democrats determined to get a health care bill, Sen. Roland Burris is like the house guest who couldn't be refused, won't soon be leaving and poses a plausible threat of ruining the holiday dinner.



Burris

Suddenly, he can no longer be ignored.

The Illinois Democrat, appointed by then-Gov. Rod Blagojevich, says he'll vote for a bill to provide health care to millions more Americans only as long as it allows the government to sell insurance. And he says he won't compromise.

"I would not support a bill that does not have a public option," Burris said in a recent interview. "That position will not change."

Democratic leaders aren't talking about Burris. Instead, they're talking confidently about having the votes for the biggest policy overhaul in a generation. (AP)

# Hospitals Tighten Rules for Entry

Centers are turning away visitors to halt spread of swine flu

WASHINGTON | Visiting a loved one in the hospital? Better check on new flu limits first. Hospitals across the country are turning away visiting children and tightening restrictions on adults, too, in hopes of limiting the spread of swine flu in the hallways — although there's little science to show the limits work.

Utah and Colorado are recommending visitor limits for hospitals statewide. But mostly it's a hospital-by-hospital decision, meaning clinics in the same town can have different rules.

The result: huge variation. The large Stanford University Hospital in California on Monday barred anyone under 16 from visiting, while the small Central Vermont Hospital turned away the under-12 crowd. Other hospitals have settled on 14 or 18.

The Indiana Heart Hospital announced it isn't checking for age but for symptoms: Visitors are sup-



PAUL SAKUMA/AP

Sheila Garcia, 3, has a mask placed on her face on Monday before visiting a patient at the Lucile Packard Children's Hospital at Stanford in Palo Alto, Calif.

posed to answer some questions and wear a green sticker showing they were cleared to enter.

In the Washington, D.C., suburbs, the Inova Health System hospital chain is warning pregnant women they can have just one visitor during their stay in the mater-

nity ward, and it has canceled its popular what-to-expect tours for the soon-to-deliver.

Still other hospitals are trying education instead of rules, posting signs that urge people of any age to postpone that visit if they have a sniffle or cough. Atlanta's Emory

## ONE SICK PIGGIE

→ At least one pig from Minnesota has tested positive for the H1N1 virus, the U.S. Department of Agriculture said on Monday, the first case of a pig contracting the virus in the United States.



→ Agriculture Secretary Tom Vilsack said in a statement that USDA officials are emphasizing that H1N1 cannot be contracted by eating pork products. (AP)

University is discouraging but not barring children from visiting — while stocking lots of hand sanitizer and face masks for visitors that, judging by frequent refills, are being used.

"There's no perfect way," said Dr. William Schaffner, a flu specialist at Vanderbilt University Medical Center. "We cannot hermetically seal the institution. You can have people who are going to get sick tomorrow who already are excreting the virus."

LAURAN NEERGAARD (AP)



**POLITICS You Can Call Me Cao** Republican Rep. Anh "Joseph" Cao of Louisiana has heard his name mispronounced so many times since joining Congress this year — usually as "cow" or "chow" — that he issued a tongue-in-cheek letter over the weekend trying to set the record straight. To pronounce it correctly, start with a hard "G" sound, and then make it rhyme with "pow" or "how." But in the end, Cao seems resigned to his last name's being botched. "On second thought, never mind," he advises. "Just call me Joseph." (AP)

# Allergies?

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# Fla. Stadium Deemed a Landmark

Experts say structure is a modernist marvel that needs to be saved

MIAMI | What does the Miami Marine Stadium have in common with such famous landmarks as Machu Picchu and the Old City of Jerusalem?

All three have made it on the World Monuments Fund's watch list for 2010 of monuments threatened by neglect or overdevelopment for 2010. But while the latter two are thousands of years old and have deep significance, the quirky Miami Marine Stadium was built in 1964 and once hosted the soft



Architectural experts say the Miami Marine Stadium, above, should be preserved.

rock group Air Supply.

The stadium has been a focal point for some iconic cultural and political events: scores of power-

boat races, the spot where Sammy Davis Jr. and President Richard Nixon hugged in 1972, and the site of a legendary and raucous Jimmy



A raccoon climbs through the empty stands at the Miami Marine Stadium.

Buffett concert in 1985.

The stadium was shut down in 1992, after Hurricane Andrew's winds damaged its cantilevered roof. Today, it sits empty on Key Biscayne, an island east of Miami.

The forlorn structure, once a hub of entertainment, is awash in graffiti.

Architectural experts around the world say the 6,566-seat Miami Marine Stadium is a significant modernist structure — and the move to preserve it is not a joke.

"Yeah, we are serious," said Amy Freitag, the director for U.S. programs at the World Monuments Fund in New York. "This is a special and important and iconic place that is at risk. We can't let this fall down."

But restoring the building isn't easy. Engineering reports after Hurricane Andrew said the structure was sound. But it will take millions of dollars to restore the structure, and the city of Miami is especially cash-strapped during the recession. TAMARA LUSH (AP)

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ERIC RISEBERG/AP

A worker at the San Francisco Medical Cannabis Clinic prepares packets of marijuana buds for sale in San Francisco Monday.

## Marijuana Policy Is Shifted

Prosecutors are told to lay off people who use the drug legally

WASHINGTON | Pot-smoking patients or their sanctioned suppliers should not be targeted for federal prosecution in states that allow medical marijuana, prosecutors were told Monday in a policy memo issued by the Justice Department.

Under the policy, federal prosecutors are being told it is not a good use of their time to arrest people who use or provide medical marijuana.

**14**

The number of states that allow some use of marijuana for medical purposes, according to the federal government.

The guidelines issued by the department do, however, make it clear that federal agents will go after people whose marijuana distribution goes beyond what is permitted under state law.

The memo advises prosecutors they "should not focus federal resources ... on individuals whose actions are in clear and unambiguous compliance with existing state laws providing for the medical use

of marijuana."

The new policy is a significant departure from the Bush administration, which insisted it would continue to enforce federal anti-pot laws regardless of state codes.

"It will not be a priority to use federal resources to prosecute patients with serious illnesses or their caregivers who are complying with state laws on medical marijuana, but we will not tolerate drug traffickers who hide behind claims of compliance with state law to mask activities that are clearly illegal," Attorney General Eric Holder said in a statement. (AP)

## New York Times to Reduce Its Staff

NEW YORK | The New York Times said Monday it will cut 100 newsroom jobs and an unspecified number elsewhere amid industrywide declines in advertising revenue.

The Times will offer voluntary buyouts at first but will resort to

layoffs if necessary.

The Times cut its newsroom work force by 100 positions last year mostly through buyouts, but Executive Editor Bill Keller said then that the newspaper had to make a "relatively small" num-

ber of involuntary cuts to meet that target.

Even with the latest cuts, amounting to 8 percent of the newsroom staff, the Times has the largest news-gathering staff of any U.S. newspaper. The cuts would leave the newsroom with about 1,150 reporters and editors. (AP)



**INTERRUPTIONS** The Human Train Delay The leaders in the Des Moines Marathon could see the finish line — but they were standing still. A passing train forced the two leaders in the 26.2-mile race to wait for about a minute Sunday just 400 meters from the finish line. When the train finally passed, Kenyan Simon Sawe sprinted to a win in 2 hours, 24 minutes, 50 seconds. (AP)

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# New Planet Finds Keep Rolling In

Discoveries suggest there are many places where life could form

WASHINGTON | European astronomers have found 32 new planets outside our solar system, adding evidence to the theory that the universe has many places where life could develop.

Scientists using the European Southern Observatory telescope didn't find any planets quite the size of Earth or any that seemed habitable. But their announcement increased the number of planets discovered outside the solar system to more than 400.



This artist's rendering provided by the European Southern Observatory shows some of the 32 planets astronomers recently discovered outside our solar system.

**“I’m pretty confident that there are Earth-like planets everywhere.”**

—STEPHANE UDRY  
ASTRONOMER, UNIVERSITY OF GENEVA

Six of the newly found planets are several times bigger than Earth, increasing the population of so-called super-Earths by more than 30 percent. Two of the newly discovered planets were as small as five times the size of Earth.

Astronomer Stephane Udry of the University of Geneva said the

results support the theory that planet formation is common.

“I’m pretty confident that there are Earth-like planets everywhere,” Udry said. “Nature doesn’t like a vacuum. If there is space to put a planet there, there will be a planet there.”

What astronomers said is especially exciting is that about 40 percent of sun-like stars have planets that are close to being Earth-sized.

Depending on definitions of the size of super-Earths, the discovery suggests that planets that have a mass similar to Earth’s are “extraordinarily commonplace,” said Alan Boss, an astronomer at the Carnegie Institution of Washington. “The universe must indeed be crowded with habitable worlds.”

SETH BORENSTEIN (AP)

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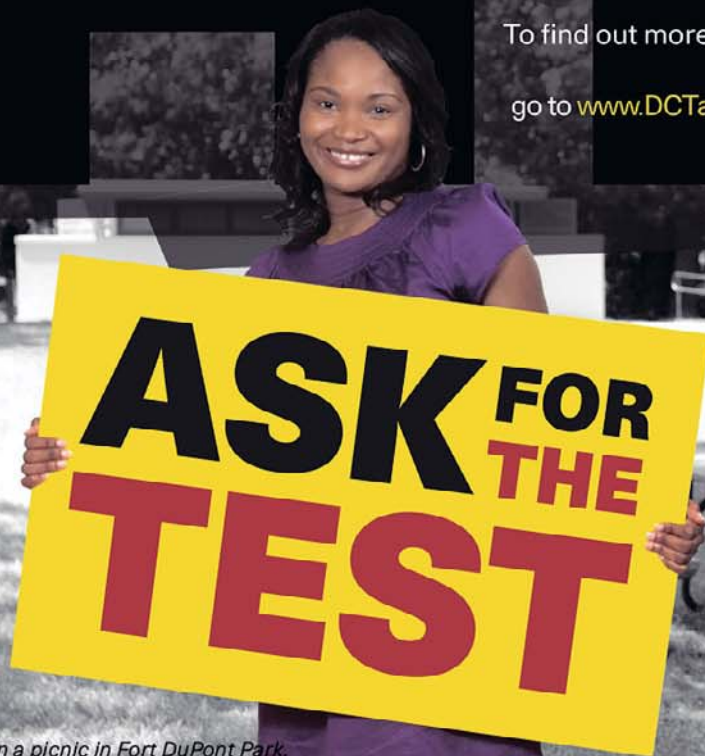
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Elisa and Jamil on a picnic in Fort DuPont Park.

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## Progress Unclear in Iran Talks

IAEA chief, envoys disagree over success of nuke negotiations

VIENNA | A first day of talks to get Iran to send most of its enriched uranium abroad — and thus delay its potential to make a nuclear weapon — ended inconclusively Monday, with Tehran remaining uncommitted, diplomats said.

International Atomic Energy Agency chief Mohamed ElBaradei said the negotiations between Iran and the U.S., Russia and France got off to a “good start.” However, three diplomats who were familiar with the talks suggested little was accomplished outside of both sides’ outlining their positions.

Iran had signaled going into the meeting that it would not meet Western demands for a deal under which it would ship most of its enriched material out of the country. Tehran has said it needs enriched uranium for nuclear fuel. The West fears it could be used to make weapons.

The talks were focused on a technical issue with huge strategic ramifications — whether Iran is ready to farm out some of its uranium enrichment program to a foreign country. **GEORGE JAHN (AP)**

### HEARSAY | CLIMATE

**“Once the damage from unchecked emissions growth is done, no ... global agreement in some future period can undo that choice.”**

— **GORDON BROWN**, BRITISH PM, URGING COUNTRIES TO REACH A DEAL AT A GLOBAL CLIMATE CONFERENCE IN DECEMBER.

## U.N. Undercuts Karzai's Victory

Election panel raises pressure for Afghan president to set runoff

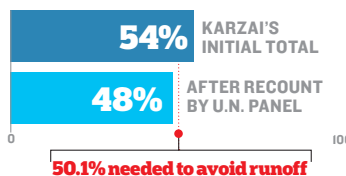
KABUL | U.N.-backed fraud investigators on Monday threw out nearly a third of President Hamid Karzai's votes from the August election, undercutting his claim of victory and stepping up the pressure for him to accept a runoff.

President Obama's administration has been holding off on a decision to send more troops to Afghanistan until a credible government is installed in Kabul.

Both Secretary of State Hil-

### CONTESTED VICTORY

Preliminary results released last month showed Karzai won the election, but an official pronouncement was withheld until the U.N.-backed panel finished its investigation.



lary Rodham Clinton and U.N. Secretary General Ban Ki-moon signaled on Monday that a resolution was near.

Clinton said Karzai planned to announce his intentions on Tuesday, adding that she was “encouraged at the direction the situation is moving.”

A spokeswoman for Ban said he spoke with Karzai and the Afghan leader assured him he will “fully respect” the constitutional process even if it means a runoff against his top challenger, former foreign minister Abdullah Abdullah.

The findings by the Electoral Complaints Commission dropped Karzai's votes to 48 percent of the total, below the at-least 50.1 percent threshold needed for him to avoid a runoff, according to calculations by

independent election monitors.

Still, it was uncertain whether the Afghan-led Independent Election Commission, which is dominated by Karzai supporters, would accept the findings and announce a second round.

Karzai campaign spokesman Waheed Omar said the Karzai camp was waiting for the election commission to formally certify the U.N.-backed panel's findings, thereby giving them the force of law. Although short of an unequivocal pledge to accept a runoff, the statement appeared to represent a step in that direction. **HEIDI VOGT AND ROBERT H. REID (AP)**



People in Zahedan, Iran, carry the coffin of Mohammad Fadaei, a Revolutionary Guard member who was killed in Sunday's blast.

Iran made no specific threats against the U.S. or Britain.

Iran has often claimed that Western powers use groups such as Jundallah to try to destabilize the country. But the direct finger-pointing at Pakistan — and the warnings of a stepped-up offensive — present a different and risky scenario for Iran's leaders.

**Shaper tensions with Pakistan could jeopardize trade deals at a time when Tehran could face more sanctions.**

Sunday's attack occurred in a region that is home to several minority Sunni tribes in rugged southeastern Iran. It is one of the country's most restive areas. Until now, authorities have avoided widespread security offensives that could draw in outside extremists such as al-Qaeda.

Pakistan's president quickly condemned the attack that killed at least 42 people — including five senior Revolutionary Guard officers — in a district near Iran's border with Pakistan. **ALI AKBAR DAREINI AND BRIAN MURPHY (AP)**

## Iran Vows Retaliation for Bombing

Pakistan, U.K., U.S. blamed for roles in attack that killed 42

TEHRAN, IRAN | Iran vowed retaliation Monday after accusing Pakistan, the U.S. and Britain of aiding Sunni militants who stunned the Islamic regime with a suicide

bombing that killed top Revolutionary Guard commanders and dozens of others.

A commentary by the official news agency called on Iranian security forces “to seriously deal with Pakistan once and for all.” And President Mahmoud Ahmadinejad told his Pakistani counterpart that his nation must

hunt down suspected members of Jundallah, or Soldiers of God.

“The presence of terrorist elements in Pakistan is not justifiable, and the Pakistani government needs to help arrest and punish the criminals as soon as possible,” state TV quoted Ahmadinejad as telling President Asif Ali Zardari on Monday.



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World



People walk to the coronation of Charles Wesley Mumbere as the king of Rwenzururu people in western Uganda on Monday.

U.S. Man a Ugandan Royal

Former nurse's aide is crowned king of the Rwenzururu people

KASESE, UGANDA | For years, Charles Wesley Mumbere worked as a nurse's aide in Maryland and Pennsylvania, caring for the elderly and sick. No one there suspected that he had inherited a royal title in his African homeland when he was just 13.

On Monday, after years of political upheaval and financial struggle, Mumbere, 56, was finally crowned king of his people to the sound of drumbeats and thousands of supporters wearing cloth printed with his portraits.

At a public rally later in the day, Ugandan President Yoweri Museveni officially recognized the



Mumbere

300,000-strong Rwenzururu kingdom. Museveni restored the traditional kingdoms his predecessor banned in 1967 but has been adamant that kings restrict themselves to cultural duties and keep out of politics.

"It is a great moment to know that finally the central government has understood the demands of the Bakonzo people who have been seeking ... recognition of their iden-

tity," Mumbere told The Associated Press in the single-story building that serves as a palace.

Mumbere inherited his title when his father, Isaya Mukirania Kibanzanga, died while leading secessionists who were protesting the oppression of their Bakonzo ethnic group by the Toro kingdom.

Mumbere went to the U.S. in 1984 on a Ugandan government scholarship. He gained political asylum in 1987, trained as a nurse's aide and took a job in a suburban Washington nursing home, said The Patriot-News of Harrisburg in a July 2009 story.

In 1999, he moved to Harrisburg, Pa., where he worked for at least two health care facilities. TOM MALITI (AP)

\$5M Prize Snubs African Ex-Leaders

LONDON | In a snub to recent expresidents and heads of state in Africa, organizers of a multimillion-dollar annual prize for good governance on the continent said Monday they had decided not to give out the award this year.

The Ibrahim Prize for Achieve-

ment in African Leadership is awarded only to democratically elected heads of state who have left office in the past three years. That requirement limits the pool of contenders, eliminating Africa's strongmen leaders.

The committee considered

"some credible candidates" but could not select a winner, said former Botswana President Ketumile Masire, a board member of the group that awards the prize.

Created in 2007 by Sudan-born billionaire Mo Ibrahim, the prize awards \$5 million to encourage leadership that improves the prospects of people on the continent. (AP)



## World

# E. Africa Drought Worsens

Forest devastation in Kenya, lack of rain leave 23M hungry

**NAROK, KENYA** | More than 200 of Ole Saloli's cows have died, ruining his children's inheritance and his safety net for old age. Now he wanders miles seeking pasture for the surviving animals, his bare feet as cracked and dry as the Kenyan earth he sleeps upon.

Saloli, who says he is about 80 years old, has seen many droughts.

But he says they have worsened since the devastation of the Mau Forest began.

"Mau Forest was created by God to make it rain, and now people are destroying it," Saloli said bitterly as he watched his 50 remaining cows foraging in the dust.

The United Nations Environment Program estimates 10 million Kenyans depend on the rivers that flow out of the Mau Forest to



A baby baboon clings to its mother near the receding shore of Kenya's Lake Nakuru. The devastation of forests has worsened the effects of a drought in East Africa.

irrigate their crops, provide electricity through hydroelectric dams, or supply water for the animals that draw hundreds of thousands of tourists.

But charcoal burners, loggers and farmers are felling the forest's trees. A quarter of the land already has been cut down, and tensions over land, water and politics complicate efforts to save the rest.

The destruction of the Mau has exacerbated a drought that swept across East Africa, leaving 23 mil-

lion people in need of food aid this year, according to aid organization Oxfam. The rains finally returned this week, but the situation has united more Kenyans behind efforts to save the forest.

A government task force set up to save the Mau Forest said it is ready to start evicting illegal inhabitants as early as next month.

"We are holding this forest in trust for everybody," said forestry official Anthony Maina.

KATHARINE HOURELD (AP)

**HONORS** **She Wears the Pants** She's been called Japan's most colorful first lady and a quirky character. Now the wife of new Prime Minister Yukio Hatoyama has won an award for looking good — in her jeans. Miyuki Hatoyama, 66, won the annual prize given to celebrities who look best in denim, along with four Japanese musicians and a Taiwanese actor. (AP)



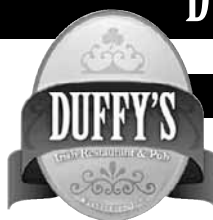
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**World**

**Pakistan-Militant Deal Set**

Army will ease raids  
in some areas to keep  
tribal chiefs out of war

DERA ISMAIL KHAN, PAKISTAN | Pakistan's army, in the midst of a major new offensive against Taliban militants, has struck deals to keep two powerful, anti-U.S. tribal chiefs from joining the battle against the government, officials said Monday.

The deals increase the chances of an army victory against Pakistan's enemy No. 1 but indicate that the three-day-old assault into the Taliban's strongholds in South Waziristan may have less effect than the U.S. wants on a spreading insurgency across the border in Afghanistan.

Under the terms agreed to about three weeks ago, Taliban renegades Maulvi Nazir and Hafiz



Pakistani police on Monday hold weapons they confiscated from the Taliban.

Gul Bahadur will stay out of the current fight in parts of South Waziristan controlled by the Pakistani Taliban. They will also allow the army to move through their own lands unimpeded, giving the military additional fronts from which to attack the Taliban.

In exchange, the army will ease patrols and bombings in the lands

controlled by Nazir and Bahadur, two Pakistani intelligence officials based in the region told The Associated Press on condition of anonymity because revealing their identities would compromise their work.

An army spokesman described the deal as an "understanding" with the men that they would stay neutral. The agreements underscore Pakistan's past practice of targeting only militant groups that attack the government or its forces inside Pakistan.

The United States has responded cautiously to the initial Pakistani strategy, publicly welcoming the offensive but saying little about the specific choice of targets.

"We have a shared goal here, and the shared goal is fighting violent extremism," State Department spokesman Ian Kelly said Monday. ISHTIAQ MAHSUD AND NAHAL TOOSI (AP)

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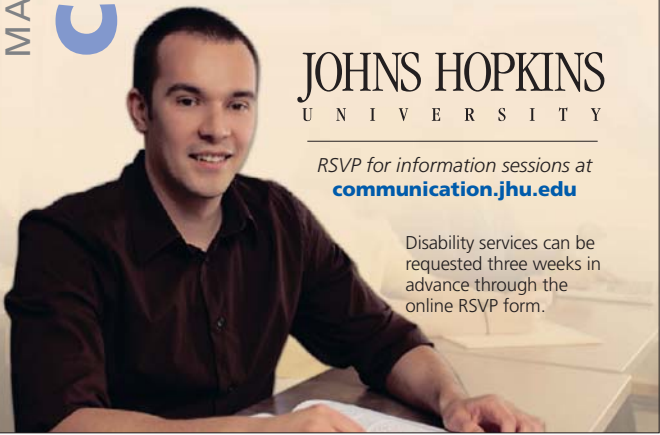
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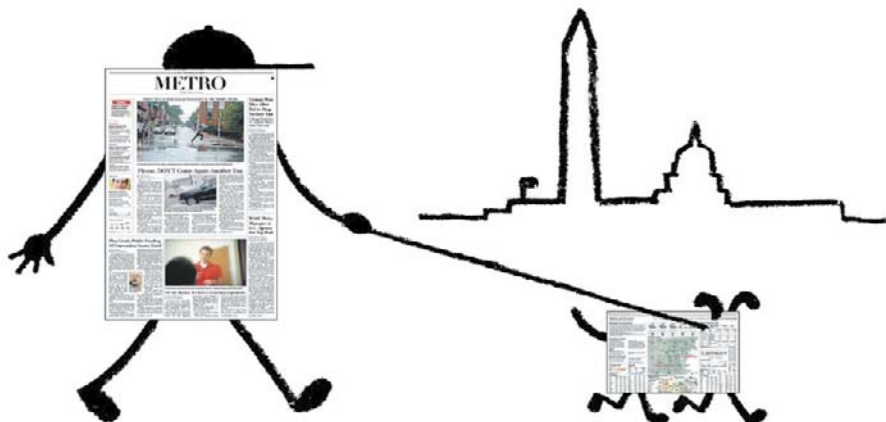
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# Metro Asks for Input on Shortfall

Transit agency seeks advice on how to fix \$144M budget gap

Metro board members and agency officials are trying to start talking directly with riders about an estimated \$144 million budget gap next year that will probably mean fare hikes and possibly service cuts.

In a change from past budget discussions, when public input came toward the end — after most decisions had been finalized — Metro is getting rider input earlier in the process.

The agency and the jurisdictions Metro covers are holding a series of public forums, starting Monday, to explain the severity of the budget gap to riders and



Unlike in past budget talks, when public input came toward the end — after most decisions were made — Metro is getting rider input earlier in the process now.

area officials. The forums are seen as a way for Metro to prepare the public for a fare increase and to put maximum pressure on local governments to increase their subsidies

to the transit agency. The District and, Maryland and Northern Virginia counties pay almost half of Metro's operating expenses.

Some rider groups released statements Monday in advance of the first forum.

Given the harsh outlook for next year and revenue falling below expectations in this year's budget, Metroriders.org said "everybody should have some skin in the game."

The nonprofit group of mass transit users said it expects that the board will have to implement its 2007 policy to adjust fares every two years to keep pace with the rate of inflation. But the group said plugging the budget hole should not fall entirely on riders.

LENA H. SUN (THE WASHINGTON POST)

# Graham Drops Taxi Oversight

D.C. Council member Jim Graham, D-Ward 1, is giving up his oversight of the city's taxicab issues after his chief of staff was arrested last month for allegedly taking a bribe from a member of the industry.

Graham sent council Chairman Vincent C. Gray, Democrat, a letter Monday asking that taxicab oversight be transferred from the Committee on Public Works and Transportation, which Graham chairs, to the Committee of the Whole.

Graham's chief of staff, Ted Loza, was arrested Sept. 24 on charges that he accepted \$1,500 in bribes and free trips from an undercover FBI informant in exchange for pushing legislation that would benefit some in the taxi industry.

Graham, who has not been charged with any wrongdoing, initially resisted calls that he give up oversight of the taxicab industry because of the ongoing federal investigation.

TIM CRAIG (THE WASHINGTON POST)

## The Lotteries

Monday, Oct. 19

DISTRICT	
Mid-day Lucky Numbers	4-7-6
Evening Lucky Numbers (Sun.)	2-0-3
Mid-day DC 4	4-6-8-5

Evening DC 4 (Sun.)	3-5-2-6
Mid-day D.C. Five	4-8-0-0-4
Evening D.C. Five (Sun.)	4-1-3-3-7
Daily 6 (Sun.)	3-12-17-22-31-36 (7)

MARYLAND	
Mid-day Pick 3	2-7-0
Evening Pick 3 (Sun.)	5-5-7

Mid-day Pick 4	6-7-6-6
Evening Pick 4 (Sun.)	3-3-8-3
Match 5 (Sun.)	6-13-15-19-34 (21)

VIRGINIA	
Mid-day Pick 3	9-9-7
Evening Pick 3 (Sun.)	3-5-7

Mid-day Pick 4	7-0-7-5
Evening Pick 4 (Sun.)	7-3-1-8
Mid-day Cash 5 (Sun.)	5-8-20-22-30
Evening Cash 5 (Sun.)	3-20-21-25-30

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## Local

# Obama Visits Md. School

## President surprises Silver Spring students with lunchtime stop

President Obama paid a surprise lunchtime visit to Viers Mill Elementary School in Silver Spring Monday.

Montgomery County schools spokeswoman Kate Harrison said the visit lasted just 30 to 45 minutes and that officials had been told to keep it secret.

According to a pool report, the president visited with third- and



President Obama speaks with students at Viers Mill Elementary School Monday.

fifth-graders. Ben Finkenbinder, a White House press aide, said Obama chose Viers Mill because

in 2005 it became the first Montgomery County school with a large population of low-income students to be designated a National Blue Ribbon School for significantly closing the achievement gap. Such schools qualify for Title I federal funding.

"It's wonderful. I'm just so happy for the kids," Harrison said. "What a thrill to be just sitting there eating your lunch, and all of a sudden the president of the United States walks in. It's so exciting." NELSON HERNANDEZ (THE WASHINGTON POST)

# A Soldier's Scars Go on Display

## Smithsonian to hang portrait of Iraq vet that is contest finalist

WASHINGTON | Retired Army Sgt. Richard Yarosh has gotten used to the stares. His face is blanketed in knotty scar tissue. His nose tip is missing. His ears are gone, as is part of his right leg. His fingers are permanently bent and rigid.

All of this is the result of an explosion in Iraq that doused him in fuel and fire three years ago.

"I know people are curious," said Mitchell, 38, of Amherst, Mass. "They'll stop in their tracks and look. I probably would have stared, too."

Soon, a lot more people will be staring at Yarosh's face, but in a very different way: A life-sized oil painting of him will go on display at the National Portrait Gallery at the Smithsonian Institution in Washington later this month. The portrait, by Matthew Mitchell, is a finalist in the Outwin Boochever Portrait Competition, which rec-



Retired Army Sgt. Richard Yarosh is covered in scar tissue due to an explosion in Iraq.

ognizes modern portraiture at the gallery known for its collection of notable Americans.

The gallery received more than 3,300 entries. Many are less conventional portraits, including video and photos, but others, like that of Yarosh, draw strength from the traditional composition, said curator Brandon Fortune.

The Yarosh painting is part of a series of portraits by Mitchell

begun four years ago, when he set out to paint 100 military personnel or others who served in Iraq and Afghanistan.

"There's a huge amount of people who have been deeply touched by these wars in America" said Mitchell. "Yet, most people in America don't need to pay attention to these wars whatsoever. They don't feel compelled." MICHELLE ROBERTS (AP)

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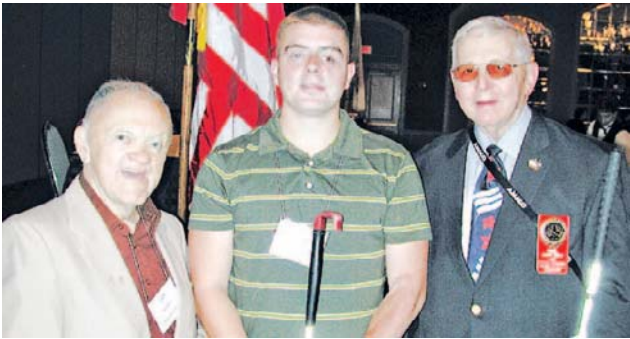
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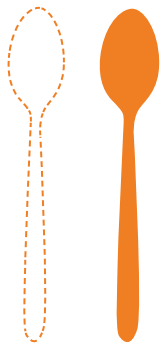
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**“The reason I can comply** with this is simply because of the lack of scoring. ...  
If this is going to be the key, I’m ... willing to give it a try.”

REDSKINS COACH JIM ZORN, ON WHY HE ACCEPTED SHERMAN LEWIS AS THE REDSKINS’ PLAY CALLER AFTER SUNDAY’S LOSS TO THE CHIEFS

## Swengali

COLLEGE FOOTBALL | BY MATT SWENSON

## ACC Football Falls Flat Again

**MAYBE THE ACC** should just give up on this whole football thing.

Its supposed best team, Virginia Tech, can’t seem to win a game in Georgia. The Miami Hurricanes don’t know how to play in the rain. I repeat: They’re called the *Hurricanes*. And Virginia, which lost to William & Mary, is in first place — in the good division.

Some may revel in the madness. The league sure doesn’t. Conference officials acknowledged before the season they needed a true national title contender to return to elite status. So much for that.

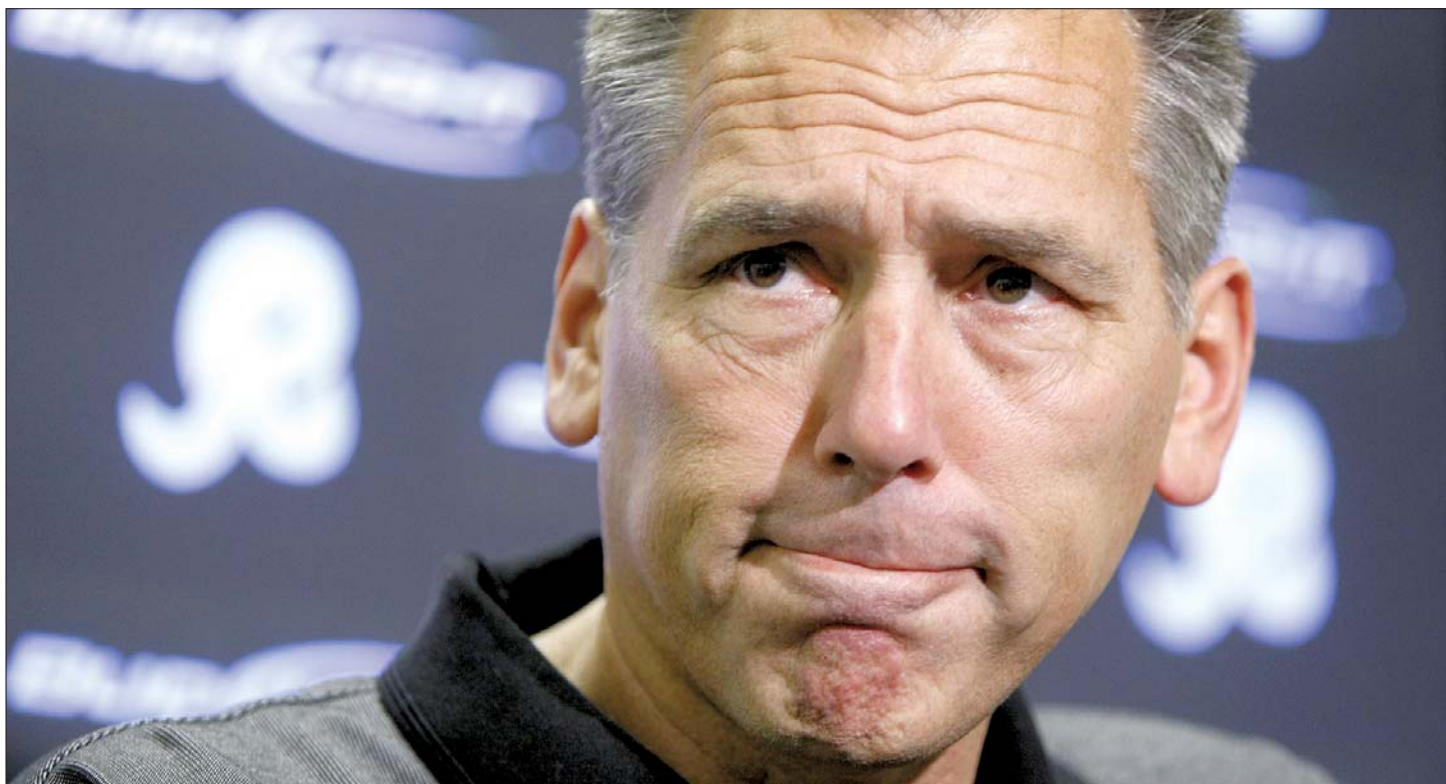
**If Tech** wants to be a legitimate national power, it’s going to have to beat some high-quality foes.

You can thank the Hokies’ outing at respectable but hardly invincible Georgia Tech for the disappointment. The formerly fourth-ranked team in the nation looked like the most overrated squad this season. If Tech wants to be a legitimate national power, it’s going to have to beat some high-quality foes — i.e., not Nebraska — one of these days.

Meanwhile, Virginia coach Al Groh is doing his best Wayne Fontes impression again. The guy does just enough not to get fired. If the Cavs upset Georgia Tech Saturday — anything’s possible — then the ACC has a debacle on its hands almost as big as its Atlantic Division.

On the bright side, the race to the league title may be exciting. But that’s only because none of the teams is really that good.

@ To reach Matt Swenson, e-mail matt.swenson@readexpress.com



LUIS ALVAREZ/AP

**BRAVE FACE:** Redskins head coach Jim Zorn discusses his removal from play-calling duties, a move he said he is willing to try because the offense hasn’t been producing.

# Zorn Taken Out of His Element

**Lewis to call the plays after coach is stripped of his favorite duty**

**REDSKINS** | From calling bingo to calling plays, Sherman Lewis is taking over the part of Jim Zorn’s job that’s Zorn’s favorite.

With a pained expression, Washington Redskins coach Zorn announced Monday that the front office “strongly suggested” that he yield his play-calling duties to a consultant hired only two weeks ago. While he didn’t say he was given an ultimatum, Zorn said he would comply with the request “because I want to stay here and win.” “Sometimes we have to do things that are uncomfortable,” he added.

Zorn received the news in a meeting with front office chief

Vinny Cerrato after Sunday’s 14-6 loss to the Kansas City Chiefs. The Redskins (2-4) are averaging 13.2 points per game and have failed to score a touchdown in two of their home games.

“The reason I can comply with this is simply because of the lack of scoring,” Zorn said. “I want to win, too. If this has to be done

ously spent 22 years as an NFL assistant before retiring after the 2004 season. The Redskins lured him back into football as a consultant for the struggling offense. And now — voila! — he’s the play caller.

Several players were taken aback by trusting such a vital role to someone not yet thoroughly

**Barely a fortnight ago, Lewis was enjoying retirement in Michigan, calling bingo games ... and delivering Meals on Wheels.**

this week, if this is going to be the key, I’m certainly willing to give it a try.”

Barely a fortnight ago, Lewis was enjoying retirement in Michigan, calling bingo games at a senior center and delivering Meals on Wheels. He previ-

familiar with the roster.

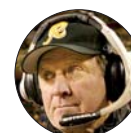
“I don’t think it’s an ideal situation,” quarterback Todd Collins said. “This is going to be a quick change for us, but it seems like drastic measures are called for when we haven’t been playing so well on offense.” JOSEPH WHITE (AP)

### ANOTHER AUDIBLE

**JIM ZORN** became the third-straight Redskins coach to hand over playing-calling duties when **SHERMAN LEWIS** got the gig, though it’s the first move dictated by management.



**IN 2003, STEVE SPURRIER** handed the duties over to Hue Jackson for a couple games after the fun ‘n’ gun fizzled in the pros.



**IN 2005, JOE GIBBS** brought in Al Saunders from the Chiefs. However, the two coaches’ styles clashed during Saunders’ tenure.







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# Sports

## Redskins QB Up in the Air

### Zorn has yet to make a decision for starter against the Eagles

REDSKINS | Jim Zorn no longer gets to call the plays for the Washington Redskins' offense. He does, however, ostensibly get to select who plays quarterback when the Redskins host the Philadelphia Eagles Monday night. But after a tortuous 24 hours — a period when he yanked starter Jason Campbell in favor of backup Todd Collins, when his team lost to previously winless Kansas City and when he was then informed he would have to give up play-calling duties — Zorn said Monday that he had not yet chosen a starter for a game



QB Jason Campbell is knocked down before his benching in Sunday's game.

that may determine his future in Washington.

"I want to really make sure I do the right thing there," Zorn said. "That'll be a hard decision."

Zorn said he will make the deci-

sion between Campbell — who has started all 22 games of Zorn's tenure — and Collins — the career backup who threw his first regular-season pass since 2007 on Sunday — after watching the tape of Sunday's 14-6 debacle two or three more times. Campbell, though, said, "I'm preparing to be the starter."

Campbell, 27, tried to balance his disappointment in being benched with a positive attitude going forward when he addressed reporters Monday.

"Honestly, it's difficult," he said. "Any competitor [doesn't] like being put on the sidelines. But at the same time, you got to move forward. You got to try to stay positive and not get your head down."

BARRY SVRLUGA (THE WASHINGTON POST)

washingtonpost.com | NO-GOOD WOOD



**CRACKING UP:** Mike Napoli of the Los Angeles Angels of Anaheim pops up, breaking his bat during the third inning in game 3 of the ALCS on Monday. Yankees shortstop Derek Jeter hit his 20th career post-season home run in the first inning, his third leadoff homer of the playoffs. For complete game results | [washingtonpost.com/sports](http://washingtonpost.com/sports)



### WNBA Shock Treatment

The WNBA's Detroit Shock is moving to Tulsa, Okla., a team official told The Associated Press. Detroit made its debut in the league in 1998 and won titles in 2003, 2006 and 2008. The Shock lost last month to the Indiana Fever in the Eastern Conference finals after rallying to earn a playoff spot. (AP)



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# BaggageCheck



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## When Her Pet Obsession Is Hounding You

**Q** This girl I've been seeing is totally into her dog. That's cool, but this is more like a really weird relationship where she puts her dog above a lot of other things in her life. We've been talking about taking a trip together but everything falls through because she can't find a plan that's good enough in terms of someone taking care of her dog. She misses a ton of work and cancels plans if the dog is sick. Now I notice that — seriously — she sort of talks to her dog like he's going to talk back. I don't know if I'm off base here since I don't own a dog. She's great in other ways, but, really? — NOT A DOG HATER, I SWEAR

This is certainly not the type of



BENDEPENDENT.COM

love triangle I'm used to hearing about!

It's hard for me to draw the line between obsessing and being a particularly doting dog owner. (And I fear hate mail signed with paw prints.) But I'm not sure that

really even matters here.

Instead of attacking the issue as a whole and making her feel like she's weird or flawed, take it piecemeal: Plan that trip by helping her find an optimal boarding solution for her dog. Gently challenge her to

see whether she'll budge on some cancelled plans or at least try to still be with you somehow. Insert a little bit of humor about how she talks to her dog, and see how she reacts. If you can make headway on these individual fronts, you'll know that she's willing to be a little flexible. If she pushes back harder, then it's time to decide whether Fido's a deal-breaker, no matter where his owner falls on the "normal" scale.

## Right Response To Rude Remark

**Q** How do you respond to condescending remarks such as, "You look tired," or, "You look stressed," without sounding defensive? I've noticed that people I barely know — acquaintances, co-workers, etc., feel the need to give me feedback on my demeanor, even though such feedback is neither welcome nor helpful. — THANKS, BUT, NO, THANKS

It's simple: "And your breath could

stop traffic!"

I understand the annoyance of getting negative, uninvited feedback. Some people say these things to try to connect, but for others it's a thinly veiled dig. The best way to not sound defensive, though, is to do your best not to be. Do everything you can to shrug it off mentally by reminding yourself how inaccurate they are, or how much less it has to do with you than it does with them. Take a deep breath before responding, and then simply state, "Oh. Really?" while sounding as disinterested as possible.

But if you're getting this feedback from a range of people, and not just a few boundary-crossers, it might be a sign that your health does seem to be suffering. We don't always recognize our own anxiety, sadness or fatigue until someone else — no matter how annoyingly — brings it to our attention.

**@** Send your mental health and emotional wellness questions to Andrea Bonior, Ph.D., at [baggage@readexpress.com](mailto:baggage@readexpress.com). This column is not a substitute for one-on-one care.

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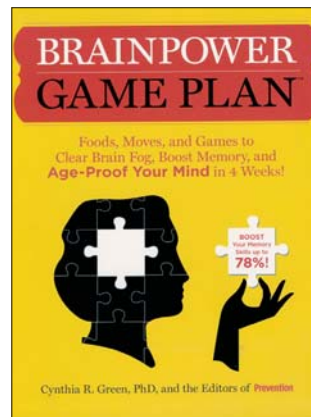
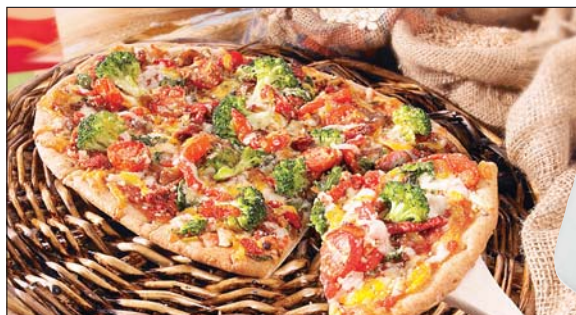
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Then you try the new bicycle shoes from messenger bag maker Chrome. Grooved rubber bottoms grip pedals and don't want to let go. A midsole and glass-filled shank create a rigid bottom — and a notably easier ride. Adding to bike-worthiness: "slam-resistant gel" heels for unexpected dismounts. Yet there's arch support for comfy walking and plenty of style. The Jack Purcellish nylon shoe comes in black, brown or gray, with red soles and piping. Men's sizes are \$70 and up; a woman's line debuts in the spring (see Chromebags.com for retailers or to order). MARC SILVER



## BODY IN A BOX

Starting from scratch with your home gym? Life Fitness has bundled together a set of essentials with its Body Shape Kit (\$299, Fitness Resource, 7025 Arlington Road, Bethesda; 301-656-7771), which includes a heart rate/pedometer watch, a stretching mat, hand weights, resistance tubes, a balance ball and more.



## UPPER CRUST

National Pizza Month (October, if you didn't know) doesn't sound like a celebration of health. But Uno Chicago Grill has marked the occasion by debuting a five-grain crust option. Here, it's the base of the fiber-rich Harvest Vegetable Flatbread Pizza, which is a step up from Halloween candy.



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Infectiguard (\$2.99, Drugstore.com) may sound a tad militaristic, but it is, after all, a killer. The hand sanitizer-moisturizer combo assaults bacteria and germs while protecting your skin with vitamin E and aloe. It pumps out creamy and slippery but disappears within seconds of rubbing.



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RANKCHECK



Bethesda's Scores Slip in Self Survey

■ Overachievers of Montgomery County, please take a seat. We regret to inform you that in Self magazine's annual survey of the nation's healthiest cities for women, Bethesda has slipped from top of the heap to second place. Actually, make that Bethesda-Gaithersburg-Frederick, which Self groups together. (D.C.-Arlington-Alexandria also fell a notch, from 15 to 16.)

But Sara Austin, Self's features director, assures, "To come out second, an area needs to score well across the board. I don't think it's anything for Bethesda to lose sleep over." That's especially true because one of the newest bits of data Self added this year was sleep quality, and Bethesda scored a very average 51st out of 100.

The suburb can boast, however, about its superb safety stats — 46 percent less violent crime than average and 54 percent fewer rapes — and its status as the reigning champ in the number of OB-GYNs. "That means it's a good place to have a baby," Austin adds.

To take back the healthiest title from those ladies in Burlington, Vt., she recommends focusing on eating habits. Apparently, the New Englanders don't just go to farmers markets like the gals in Bethesda do (see above) — they go to actual farms.

While working on improving their scores for next year, Bethesda's babes can comfort themselves with another new ranking: Totalbeauty.com has named Bethesda the country's top city for hot guys. VICKY HALLETT (EXPRESS)

The Good News Bares

Running sans shoes isn't just for workouts — it's for race day

While most runners were double-knotting their laces before the start of the Army Ten-Miler earlier this month, Ken Ervin was checking his flip flops at the baggage area. Then, with naked feet, he sped off, en route to a fast 1-hour, 20-minute finish.

"A lot of times during the race, I could hear people behind me going, 'That guy's barefoot!'" says Ervin, 31, of Middleburg, Va.

Of course, just the notion of barefoot running didn't blow anyone's minds. In the past few years, going shoeless for short sessions has become an extremely popular way to strengthen leg and foot muscles. Plus, the technique's gotten loads of attention courtesy of the barefoot-friendly best-seller, "Born to Run" by Christopher McDougall and several new shoes that promise to promote a more natural running form.

But when it comes to racing barefoot, that's still far less common, although many events — including the Marine Corps Marathon — allow it. MCM sponsorship and marketing manager Marc Goldman says the organizers don't keep tabs on barefoot runners, but they wouldn't be surprised if there are a few barefooters racing on Sunday.

The numbers may grow, thanks to runners such as Ervin, who has trained barefoot or in footwear designed to simulate barefoot running for about four years and says he's "phenomenally less injury-prone" today than when he used to run in regular shoes. He says he's never cut himself on any nails or glass, and he doesn't have any "monster calluses."

Expect an even bigger boom in folks wearing the sandal-like Vibram FiveFingers, which are



Short, barefoot workouts can lead to running entire races without wearing shoes.

designed to mimic barefoot running but give your tootsies protection from litter and other debris on urban streets.

Dave Uejio, 31, of Bethesda completed the Freedom's Run marathon — his first — in Shepherdstown, W.Va., earlier this month. He raced and trained in Vibrams for the event, which was advertised as barefoot-friendly. And he credits the un-shoes for making his running form "totally different" and his feet "much stronger."

Another benefit he discovered of going bare (or nearly bare):

instant feedback about your running form. "I know immediately if I'm taking a stride that's too long — it hurts," Uejio says. In typical sneakers with plenty of padding, dense foam and rubber under the foot, Uejio says, runners might not notice when they make certain moves that could lead to injury.

Even if you're not interested in going long distances shoe-free, short sole-baring sessions might make a big difference on race day, says Mark Cucuzzella, 43, a veteran marathoner and family physician based in Harper's Ferry,

W.Va., who directed the Freedom's Run road races.

Barefoot running requires you to run naturally, which makes your technique — everything from your posture to the way you swing your arms — more efficient, he explains.

“Running barefoot, you have to run with your feet under you. Traditional running often means landing on your heel.”

"If you're running barefoot, you have to run with your feet under you," as opposed to out in front of you, the way that many shod runners jog, says Cucuzzella. "Traditional running often means landing hard on your heel," he says, but runners with good form usually land more on their midfoot, leading to a smoother ride.

Going barefoot is also a wake-up call to the often-underused "power generators" in the legs and feet, Cucuzzella says. The Achilles tendon, plantar fascia and hip flexors get a better workout this way and reward you with more energy. "You can get a lot more power by utilizing these structures that are designed to help you move," Cucuzzella says.

Itching to slip off your Sauconys? Cucuzzella recommends you find a "nice, safe grass field or a beach" and run a few easy 100-meter strides. After a few of these workouts, you can progress to longer barefoot runs of up to a few miles at a time. But don't try to cover too much ground too quickly, or your feet and legs won't let you forget it the next day.

Once people run barefoot or in footwear that complements the barefoot technique, "they don't go back," Cucuzzella says. Apparently, not even when they're running marathons. So, just make sure that if you're going to keep wearing shoes, you avoid stepping on the barefooted's toes on race day.

KATIE ABERBACH (EXPRESS)



# Cheer for Your Body

## Dance with the women of the Dallas Cowboys Cheerleaders

The Dallas Cowboys Cheerleaders just got a fancy \$1.8 billion stadium to shake their pom-poms in. But they'd rather be in your living room via their new line of "Power Squad Bod" DVDs, which take a three-pronged approach to fitness: "Hard Body Boot Camp," "Body Slimming Yoga" and "Calorie Blasting Dance" (\$17 each, MTV). That last title features Megan Fox — nope, not the actress — who was on the team for four years before becoming the assistant choreographer. She talked to Express about what it takes to earn a blue star.

### Famous name you've got there.

It's funny. But it's never a big deal in person. And I'm older than her, so I came first.

### And she doesn't have an exercise DVD like you do. How did this project happen?

People have always asked us, "Do you work out all of the time? Do you eat bark?" And then when the TV show was on CMT, everyone wanted to know about our fitness regimen.

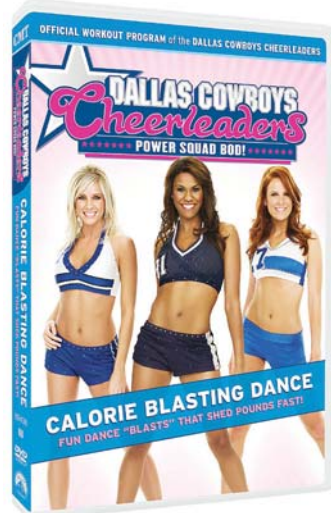
### So, what is it?

When I first started, we'd get to rehearsals and there would be an hour-long boot camp type of workout in the Texas heat. No mercy. That started off every night, and then the three-and-a-half-hour rehearsal. It was a very long night and a long week. But when your uniform is that small, you want the best body you can put into it. Three years ago, we realized we weren't doing anything to repair our bodies, so we got into yoga, too.

### The dance DVD isn't just for cheerleaders though, right?

We're trying to appeal to the everyday woman. We teach really slowly. The idea is just to keep moving, and you can rewind as many times as you want. We get a little

faster when we put it all together, and then we get up to DCC speed. So, there's something for everybody, even women with no dance training.



### Please explain the "sexy walk" you do between steps.

We took a little bit of what we do on the field, and we have a little fun with this. We're up on our toes, everything's lifted. It makes you feel pretty. It's that attitude, a little bit of swagger, hip swings, arms, whatever makes you feel sexy.

### You lead a bonus segment on standing abs. Why standing?

In our outfits, that's what's exposed. And everything we do is about our center, and everything we do is standing — as a dancer, you're upright. So, these engage the abs and waist, and it's so much more than just crunch, crunch, crunch. A lot of times, when we



➔ Megan Fox was on the team for four years and now polishes its steps as the assistant choreographer.

“It was a very long night and a long week [of rehearsals and workouts]. But when your uniform is that small, you want the best body you can put into it.”

do them, we'll use weights, too. We tried to expand everyone's minds about what abs exercises are.

### Why do you think folks should buy the DVDs?

What I love about the videos is that they're all a little different. I'm a fan of the cat-walk moves that let you have a personality. It's all about performing. I like enthusiasm with order, and I love having a good time, but getting things done. This isn't just goofing around for 30 minutes.

### What can viewers learn from this about what it takes to be a Dallas Cowboys Cheerleader?

Style. I think you can be an incredible dancer, but you need to have power; you have to make everything big; you have to entertain to the top row. That whole perform-to-the-masses thing is harder than it looks. They have to do everything full-out. I also hope people get from this that we're real girls with personalities. Some people think we're robots.

### How do the three DVDs work together?

I think it's important to have options because workouts can feel mundane. If your body is tired, you can revive yourself with yoga and stretch. The cardio is vital to weight loss. And putting it all together is how you see results.

VICKY HALLETT (EXPRESS)

## BODYTALK



## Two Exercises For Lab-Tested Abs

■ For a firm, flat belly, think outside the crunch: Experts say the best moves are those that engage the deepest stomach muscles to pull in your waistline like a corset. Researcher Michele Olson, Ph.D., an exercise physiologist at Auburn University, found that these two moves were tops in targeting the key muscles. Do them three times a week.

**THE HUNDRED:** Lie on back with arms at sides, palms down, knees bent to 90 degrees. Raise head, lifting upper back and arms a few inches, and engage abs. Inhale as you pulse arms up and down an inch to a count of five; exhale for five pulses. Do 10 times, for a total of 100 pulses.

**DOUBLE LEG STRETCH:** Still on back, lift shoulder blades, engage abs, exhale, and hug knees toward chest, hands on shins. Inhale and extend legs forward while bringing arms back, forming a big V. Return knees to chest; repeat eight to 10 times. NATALIE GINGERICH (REPRINTED WITH PERMISSION OF PREVENTION © RODALE INC.)



➔ What's good for the environment is also good for you, and you can learn about both at Green Living Inside and Out, a free and open-to-the-public event this Thursday (6 p.m.-8 p.m.) at Vida Fitness at Verizon Center (601 F St. NW, 202-393-8432).



fit



The display of fresh fish at Kellari is like a menu — point and it'll be prepared.

# Seafood That's Not Fishy

Why mess with extra ingredients — and calories — when you can enjoy flavorful fish that's been minimally seasoned and simply grilled? That's the ethos of Greek restaurant **KELLARI TAVERNA**, which opened last weekend.

At Kellari (1700 K St. NW; 202-535-5274; Kellaridc.com), diners choose their meal from a display of a dozen or more fish. The selection varies, depending on what's freshest, but Kellari's corporate chef and partner Gregory Zapantis promises there'll be a range of species imported from the Mediterranean (and many that are hard to find in the area, such as lavraki and tsipoura), and items from local fishmongers. Chefs add small amounts of sea salt, oregano, lemon juice and extra-virgin olive oil to the fish, and then it's grilled.

"The health benefits of this type of cooking are tremendous," says Zapantis, who notes that butter is never used at the restaurant. "The quality of the fish is so high, and every type of fish has its own characteristics and flavors that I wouldn't want to cover that."

So, if you're looking for license to chow down on Grecian grilled fish, eat your heart out.

KATIE ABERBACH (EXPRESS)



For a recipe from Kellari and more healthy eating tips, head to [Expressnightout.com/localflavor](http://Expressnightout.com/localflavor).

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## STETHOSCOPE



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## TRAVEL

## On-the-Road Risks

■ Don't be envious of those jet-setters who are always updating their Facebook pages with snapshots of the sunset in whatever exotic locale they're in that day. Their next stop is probably a sickbed, according to a study in *Emerging Infectious Diseases*. Travelers who took off for more than six months were much more likely to experience persistent fatigue, chronic diarrhea and depression.

## SKIN CANCER

## Into the Blue

■ Papa Smurf had a big white beard but never a wrinkle. And Spanish researchers may have just figured out why. For a study scheduled to be published in *Industrial & Engineering Chemistry Research*, they measured how much UV light was absorbed by samples of blue, red and yellow fabric. Blue came out on top, while yellow was the loser. They hope the results will encourage manufacturers to use this information to create skin-protective clothing.

## CYCLING

## Dangerous Ride

■ Bad news out of Denver, the bike mecca. Researchers who studied info from an area trauma center report that in the past five years, the number of cyclists with chest injuries has risen by 15 percent, abdominal injuries have tripled, and more than a third of injured cyclists sustained head injuries. Also: Over the course of the study, helmet use didn't go up.



ISTOCK

## How to Win You vs. Flu

## Boost your body with alternative therapies, herbs and more sleep

On defense for flu season? Doctors will tell you your best shot is to get a shot. But one measly prick isn't going to cut it for Sue Berman of Silver Spring's **BLUE HERON WELLNESS** (10723-B Columbia Pike; 301-754-3730; [blueheronwellness.com](http://blueheronwellness.com)). To keep sniffles at bay, she plans to spend a whole lot more time with needles.

Berman, an acupuncturist, vows that targeting spots on the skin can help the body fight off all invaders — even the dreaded H1N1. "It allows the strength of your own system to reach its potential," she says. The same goes for several other alternative treatments from East-

ern medicine, which she's encouraging clients to explore. And she's stocked up on the homeopathic remedies *Oscillococcinum* and *Influenzinum*, which are marketed as natural alternatives to drugstore cold and flu medications.

Of course, she still advocates for flu shots and hand washing, but "it's important to take the best from both worlds," she adds.

There's plenty to choose from, says Jenne "Maat" Dixon-Cravens, a naturopathic doctor with **SHAKTI MINDBODY STUDIO** (1015½ 7th St. NW; 202-783-6463; [shaktimindbodystudio.com](http://shaktimindbodystudio.com)), who has a host of health-boosting ideas. She suggests experiencing the energy healing of reiki, smelling calming essential oils and inverting your body for plow, a yoga pose that's supposed to drain your lymph nodes, among other things.

They're different approaches,

but what they all deal with on some level is stress. "When you're stressed, immune system functioning drops," she explains. So, anything you can do to reduce your anxious feelings will bolster your battle against the bugs.

Adequate rest can help by improving your mood, as can diet, Dixon-Cravens adds. She recommends cutting back on sugar and caffeine, and boosting your intake of "the right ingredients." One of her favorites is garlic, a popular natural cold-buster. You can scarf a clove raw like she did a few weeks ago when she thought she might be coming down with something. ("I took a bite, and I could feel it throughout my whole body," she says. "What I was dealing with went right away.") You can also just cook with it or pop a supplement, though.

Oregano is another easy one to sprinkle in whatever's on the

stove, but other herbs — such as red clover and astragalus — will take a bit more effort to consume. Dixon-Cravens is also a fan of elderberry, which is the active ingredient in GNC's new *Virabloc* lozenges.

If tracking down this entire list seems impossible with your packed schedule, Dixon-Cravens wants you to rethink your priorities. "If

**Garlic is said to have immunity-boosting benefits, as does anything that reduces your stress level.**

you don't make time to be healthy, you'll have to make time to be sick," she reminds. Plus, Berman adds, there isn't much to lose by eating better and relaxing more: "There's no downside."

Mike FitzGerald, owner of **MAS-SAGE ENVY HERNDON/RESTON** (2557 John Milton Drive; 703-391-0123; [Massageenvy.com](http://Massageenvy.com)), feels similarly about rubdowns, which are his prescription for an immunity pick-me-up. "Up until recently, massage was thought of as a luxury, but it's a part of health and wellness, and when you get massages regularly, that's when the benefits come into play," he says, ticking off rewards such as lower blood pressure and improved sleep quality.

Don't have the funds for multiple massages? FitzGerald has ideas for taking matters into your own hands. For headaches, he recommends applying pressure to the flesh where the thumb and index finger meet. For lower-neck and shoulder stiffness, which is what strikes FitzGerald, he has another tactic. "It gets so I can't turn my neck, so I do shoulder shrugs, bringing them as high as I can," he explains. And if what would really soothe you is a foot rub, he advises taking a golf ball under your sole and letting it roll around.

Lurking germs might still attack, but you'll be ready for them.

VICKY HALLETT (EXPRESS)

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# Acta Is a Finalist for Indians Job

Former Nats skipper gets second interview for Cleveland opening

**BASEBALL** | Former Washington manager Manny Acta will get a second interview with the Cleveland Indians.

Acta, fired by the Nationals in July, will meet with Indians owner Paul Dolan, general manager Mark Shapiro, assistant GM Chris Antonetti and other front-

office personnel on Tuesday at Progressive Field. The Indians will make Acta available to the media afterward.

Acta was one of up to 10 candidates the team interviewed by phone last week during organizational meetings from their training complex in Goodyear, Ariz. Before announcing the face-to-face meeting with Acta, the team had not revealed the names of any of its managerial candidates.

The Indians are bringing as



Manny Acta went 158-252 in more than two years as the Nats' manager.

many as five finalists to Cleveland for second interviews.

Acta, 40, went 158-252 in two-plus seasons for the Nationals, who fired him after the team started 21-61 last season.

Acta interviewed for Houston's managerial job last week. He has a long connection to the Astros, who drafted him as a 17-year-old. He played six seasons in their organization and later managed Houston minor league affiliates for eight seasons. (AP)

## Recovering U.S. Soccer Star Out Of Intensive Care

**WASHINGTON** | U.S. national team forward Charlie Davies has been moved out of intensive care as he recovers from serious injuries after a car accident.

The U.S. Soccer Federation says Davies is now able to receive visitors. He will have surgery early next week to repair a broken left elbow and may require operations to repair facial fractures. Davies is listed in fair condition at Washington Hospital Center Medstar.

Davies broke several bones, including two in his right leg, and sustained a lacerated bladder from last week's accident in Virginia. (AP)

**9 THE NUMBER OF** points accumulated by D.C. United in the CONCACAF Champions League standings. Winless last year, D.C. (3-2-0) would have a small silver lining for its 2009 season if it can get a result Tuesday night at Toluca (4-1-0) in the group stage finale and advance to next spring's continental quarterfinals. Marathon of Honduras (3-2-0) will move on if its result in Trinidad is better than United's. (EXPRESS)

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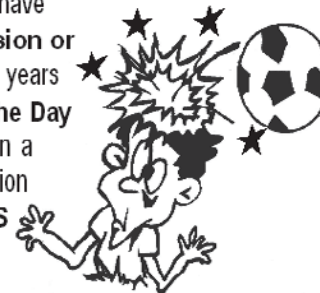
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**Sports**



JESSICA HILL/AP

Connecticut head football coach Randy Edsall, left, comforts senior captain Deshaun Watson at a news conference about the death of football player Jasper Howard.

**Death at UConn Ruled a Homicide**

State examiner says a single stab wound killed football player

STORRS, CONN. | One teammate performed first aid while another comforted a University of Connecticut football player who was fatally stabbed during a fight outside a school-sanctioned dance over the weekend, their coach said Monday.

Coach Randy Edsall wouldn't identify the teammates or say how many players witnessed the fight that led to the death of 20-year-old Jasper Howard. A second player also was stabbed but sustained only minor injuries.

The state's medical examiner's office said Monday that Howard died from a single stab wound to the abdomen. The death was ruled a homicide.

Howard, a junior and starting cornerback, came to the school to get away from the violence on the streets of his hometown of Miami. He was the first person in his family to go to college.

Joanglia Howard said she received news of her son's death at about 4 a.m. Sunday, and described him as a "good kid" who never got into trouble. "All I wanted him to do was go to school and get an education, and he was doing what I asked him to do," she told WSVN-TV in Miami.

Police said there were no suspects and no arrests, although about 300 people were in the area when a fire alarm sounded and students evacuated the building.

PAT EATON-ROBB (AP)

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**TODAY'S TV LINEUP**

**BASEBALL (7:30 P.M. ON FOX)** CC Sabathia can win his second game of the ALCS — and perhaps lock up series MVP — when the Yankees visit the Angels in game 4.

**HOCKEY (7 P.M. ON VERSUS)** The Stanley Cup champion Penguins host the St. Louis Blues.

**UNITED (8 P.M. ON FOX SOCCER CHANNEL)** D.C. United can advance in the CONCACAF Champions League by defeating Deportivo Toluca.



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Huntington Village will OPEN the affordable housing waiting list for 2BR Apartments ONLY on Thursday, October 22, 2009. Applications will be taken from 9:00am - 3:00pm only. The waiting list will CLOSE Thursday, October 22, 2009 at 3:00pm. The Following is required to apply:  
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Must be at least 18 years of age to apply.

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# lookout



## Culture Clash

Beyoncé postpones Malaysia concert in wake of criticism | 42



CHRIS PIZZELLO/AP

Wyclef Jean is collaborating with writer Anthony Bozza on his memoir.

## Life and Times of A Fugee

Musician Wyclef Jean prepares to put it all down in writing

**AUTHOR** | Wyclef Jean is working on a memoir.

The solo star and former front-man for the Fugees is collaborating with Rolling Stone writer Anthony Bozza on a book — currently untitled — to be published by It Books, an imprint of HarperCollins. Financial terms weren't disclosed, and a release date hasn't been set.

The publisher announced in a statement Monday that the book will cover Jean's life, including his childhood in rural Haiti, his musical career and his philanthropic work.

Jean, who just turned 37, is known for such hit singles as "We Trying to Stay Alive" and "Gone Till November." With the Fugees, he recorded the Grammy-winning, multiplatinum-selling album "The Score." (AP)

# Stevens' Traffic Jams

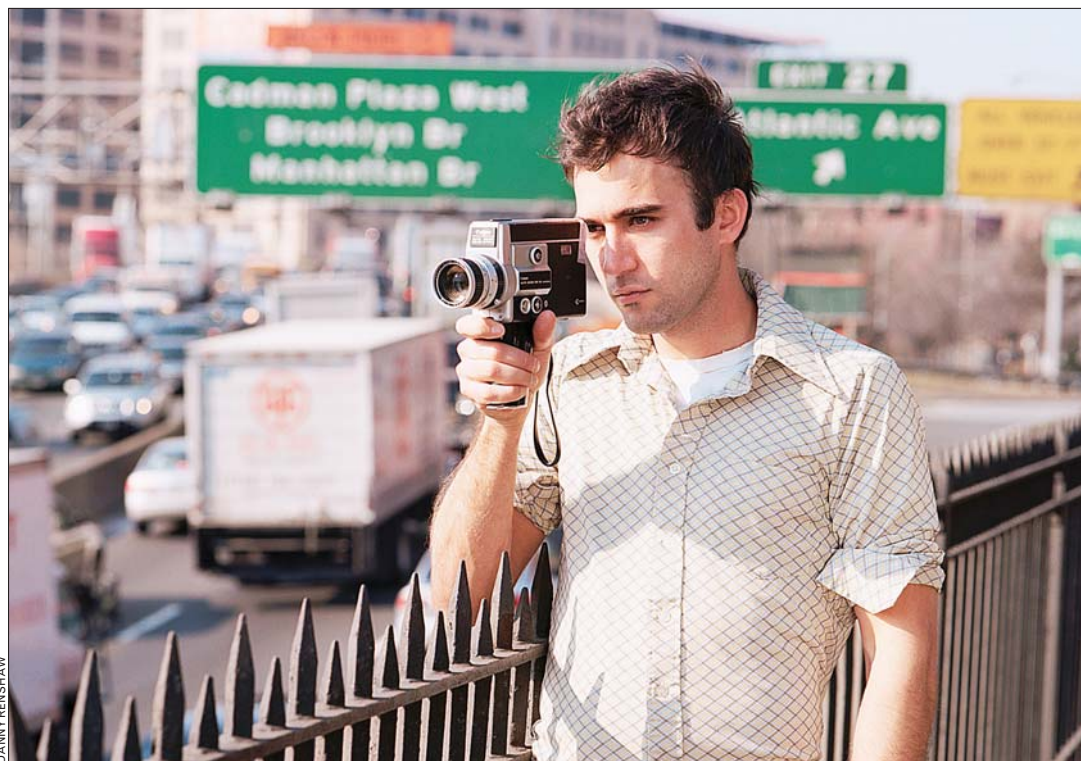
The indie stalwart releases 'The BQE,' a slightly baffling multimedia project

**ART** | When Sufjan Stevens first claimed in 2003 that he planned on undertaking the "50 States Project," in which he would record an album for each of the nation's 50 parts, critics and fans never thought that would include architecture.

But with his latest multimedia project, "The BQE," Stevens branches out to include bridges, traffic and the beauty of human movement in his discography.

Unfortunately, the results of the album and film, which were commissioned by the Brooklyn Academy of Music and performed as part of their Next Wave Festival in 2007, aren't always great. In fact, it's mostly repetitive — if you don't have any specific fondness for or familiarity with the Brooklyn-Queens Expressway, Stevens' visual and instrumental ode to the road is basically just a drag.

Sure, Stevens has gone through a lot of effort to put this package together. Back in 2007, he used Super 8mm and 16mm film to capture comings and goings on the expressway — or, as he calls it in the package's 40-page booklet of liner notes and artwork, "a battered and beaten urban roadway, baffling to drive, plagued by relentless construction and inexplicable



DANNY RENSCHAW

**MIXED BAG:** Stevens' "The Brooklyn-Queens Expressway" incorporates bridges, Hula-hoopers and a 35-piece orchestra.

traffic jams, dilapidated in form and function," and then set it all to 30 minutes of music. Legend goes (or, at least, press materials claim) that one week later, Stevens, "feeling disenfranchised by the magnitude of the universe," decided to shelve the project.

Now, two years later, Stevens supposedly "found inspiration" to put the multimedia set together, and included are a DVD of the film and a CD of the project's 13 tracks. However, each meanders along at a tedious pace — and although they share a few enjoy-

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→ To read more about Sufjan Stevens' "The BQE" and to watch a clip from the film, please visit our Web site.

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able moments — thanks to Stevens' smart editing and use of a lush-sounding, 35-piece orchestra — there are too many other disjointed elements that throw the whole thing out of whack.

The set does have some redeeming qualities, though — shots of a carnival near the BQE are charming in their portrayal of

youthful innocence, and the scenes of the Statue of Liberty during a particularly beautiful sunrise are also awe-inspiring. Most beautiful, though, are the sequences of the city lights and the city's traffic at night; as the hazy night sky is illuminated and reflected in the water surrounding the city, the most fragile, playful part of Stevens' soundtrack comes in (track 11 on the CD, "Isorhythmic Night Dance With Interchanges") and proves good background for the city that never sleeps.

ROXANA HADADI



**CASTING Leading Man** Chris Pine is in negotiations to play Jack Ryan in Paramount's untitled feature project. The intelligence analyst created by novelist Tom Clancy has not appeared on-screen since 2002's "The Sum of All Fears," in which he was portrayed by Ben Affleck. Alec Baldwin originated the character on the big screen with 1990's "Hunt for Red October," though it was Harrison Ford who took on the role after that. Pine was Captain Kirk in Paramount's rebooted "Star Trek." (THE HOLLYWOOD REPORTER)



# In the Words of Jack Kerouac

**Jay Farrar discusses using the author's 'Big Sur' text to write soundtrack songs**

**Q&A** | Best known for leading the alt-country rock bands Uncle Tupelo and Son Volt, Jay Farrar teamed with Death Cab for Cutie's Ben Gibbard for his latest project, an album with lyrics based on the prose from Jack Kerouac's 1962 novel "Big Sur" that's due out today from F-Stop/Atlantic Records. The partnership began when the two artists were asked to contribute a few songs to the soundtrack for

the upcoming documentary "One Fast Move or I'm Gone: Kerouac's Big Sur," about the time the writer spent in the Northern California town.

**You hadn't met Ben Gibbard before working on the film. Why did the partnership click, and how did it turn into a full album?**

Ben and I met the night before we started recording, and throughout the process I think it became apparent that we had a shared sensibility. Under the circumstances, things could have easily not gone well, because we were basically getting to know each other in the



Jay Farrar, above, and Ben Gibbard's ode to Jack Kerouac is now available.

studio as we were working. But it all turned out in the end.

**How has Kerouac's work and the themes in his writing influenced you throughout your career?**

Probably the biggest influence from Kerouac that I've picked up over the years is his method of writing, more of a stream-of-consciousness style of writing, not worrying about structure or form.

**What was the songwriting process like using Kerouac's words as your lyrics? Was it easier or in some ways harder to adapt than if you were putting your own ideas**

**to music?**

It was much easier for two reasons. The first being there was a familiarity with Kerouac's work just from having read so many of his books over the years. Sec-

**"I think it took away a degree of self-consciousness that's there when I'm writing my own stuff."**

ondarily, because I was using Jack's lyrics, words and lines from the text of "Big Sur," I think it took away a degree of self-consciousness that's sometimes there when I'm writing my own stuff.

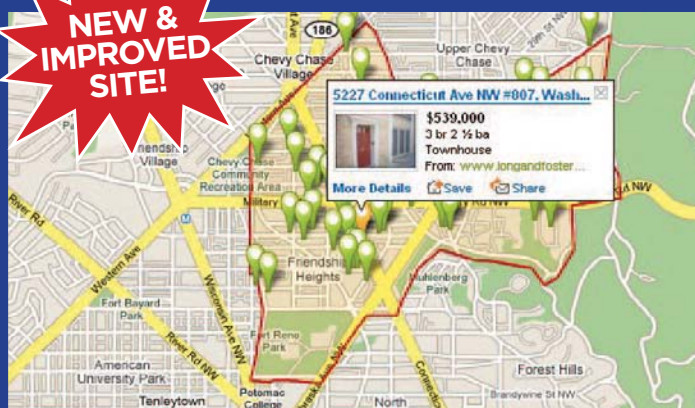
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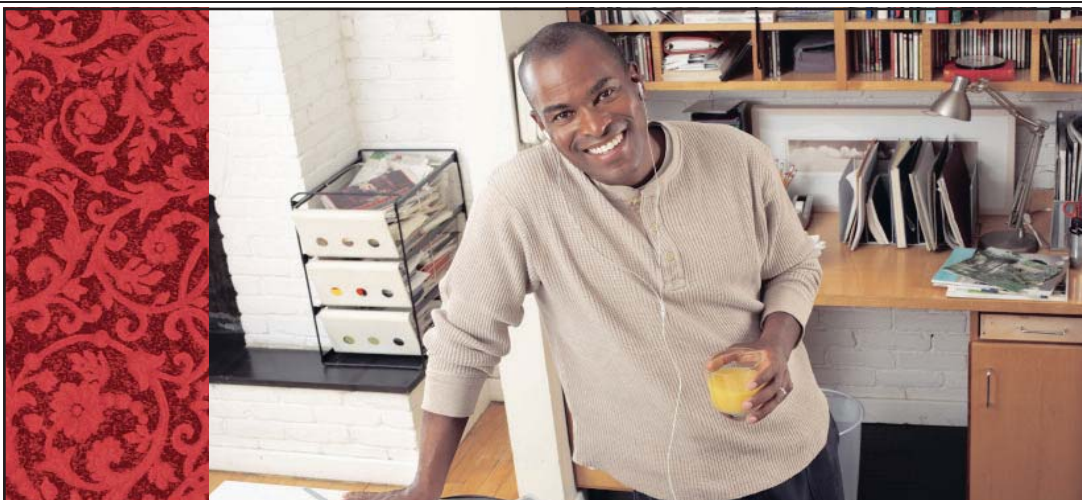
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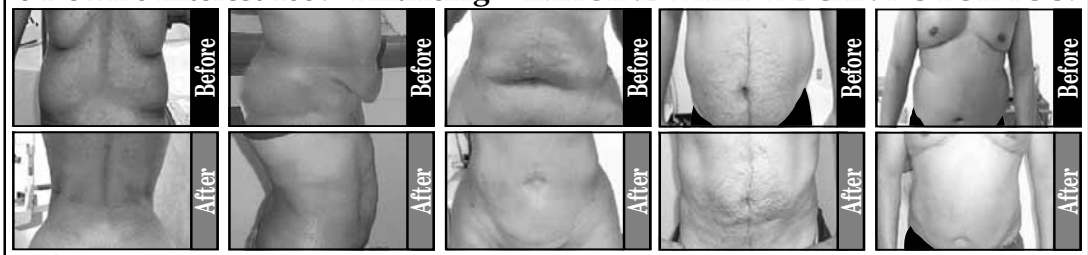
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lookout entertainment



He's been in the game for more than 20 years, but this time, Lovett fails to impress.

The Songs Remain The Same

Lyle Lovett gives off a staid vibe with his latest offering, 'Natural Forces'

MUSIC | Lyle Lovett's career can be divided into three acts.

Act I is set in Nashville, where he distinguished himself as a songwriter whose wit was too dry for Music Row and whose hair kept him from being written off as just another hat act.

Based on the crossover success he achieved with his early albums, Lovett moved west to Hollywood, took up acting (well, not so much acting as just appearing in movies), married Julia Roberts, and achieved a level of success rare for country/not-country artists.

After his divorce, he wandered back to his home state of Texas, where he continues to make music that is, like that of so many Lone Star artists, largely uncategorizable.

"Natural Forces" (Lost Highway) again shows Lovett's considerable range, covering every stratum of country, from the straightforward twang of George Strait to the barroom jamming of

Robert Earl Keen to the upbeat do-si-dos of Bob Wills. And the name of Lovett's backing orchestra — His Large Band — points to twists on big-band jazz elements. It all adds up to a specific style that is hard to name but easy to identify as Lovett.

And that's the problem. The songs on "Natural Forces" sound so much like Lovett that they all sound pretty much the same — not just cohesive, but nearly interchangeable.

At least the few upbeat numbers break up the sameness, although "Farmer Brown/Chicken Reel" is a half-assed masturbation joke. "It's

expressnightout

➔ To read more of this review and to find reviews of other new albums, please visit our Web site.

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Rock and Roll," a weird collaboration with Keen, is a train wreck of spoken-word verses, ominous keyboards, and painted-on affectation. "Pantry" is clever enough for all three songs, although Lovett pushes his luck by including two versions.

More than 20 years and countless twists and turns into his career, Lovett has reached a point where he can make it all look easy. In doing so, he also makes it sound slick and inconsequential. The result is a rare thing for Lovett: a slight and unsatisfying album.

STEPHEN M. DEUSNER



# Loud, Proud Image Collection

**Gail Buckland's book 'Who Shot Rock & Roll' tells a powerful, if disjointed, story**

**BOOK** | Photographs of musicians conjure not only a thousand words but also the sound and urgency of a performance or era: The photograph of Paul Simonon pummeling his bass that graces the cover of "London Calling" captures the frustration and power of the Clash's music — and yet the photographer who captured the shot, Pennie Smith, is relatively anonymous.

Photo historian Gail Buck-

land compiles many such iconic images in "Who Shot Rock & Roll: A Photographic History, 1955 to the Present," alongside text giving perspective on each photographer's work.

The problem with "Who Shot" is the organization of the images: Presented neither alphabetically nor chronologically, these pictures tell a disjointed story.

Despite those organizational issues, though, the pictures are phenomenal; Buckland has compiled some truly evocative photos — some iconic, some less well-known — in this collection.

Roberta Bayley's image of the



David Corio's smokin' hot Salt-N-Pepa portrait is one of the many gems in the book.

Ramones in tattered jeans and leather jackets (which graced the cover of their first album) captured the group's attitude — and sparked a style for wannabe punk kids. A black and white image of Chris Martin by Mark Seliger conjures

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→ For more about "Who Shot Rock & Roll" and for other articles about books, please visit our Web site.

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a mood, too, albeit a more contemplative one.

There's certainly more than enough material in "Who Shot" to make it a worthwhile read; it just may take some time to piece together a cohesive and logical story. CATHERINE LEWIS

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2 Brutal Legends

The violent combination of hardcore punk and death metal is both tired creatively and tiring to listen to, but Despised Icon has a way of turning its musical breakdowns into invigorating beat-downs. You'll want to get socked in the nose while hearing the veteran Montreal band's latest brutal banger, "Day of Mourning."

C.P.  
→ Jaxx, 6355 Rolling Road, Springfield, Va.; with Through the Eyes of the Dead, Abacabb, Molotov Solution, In Alcatraz 1962, An Obscure Signal, 5:30 p.m., \$15; 703-569-5940, Jaxxroxx.com.

3 Where's the Love?

Go ahead and say it: "Hanson's back?!" If that doesn't get you all nostalgic for that summer you were 13 years old and the world was before you, we don't know what will. The group comes through D.C. with some regularity, but the chance to see the long-haired teen heartthrobs as long-haired adult heartthrobs probably shouldn't be ignored. That impulse to sing "MMMMBop" on Metro, though: Ignore that. J.L.  
→ 9:30 Club, 815 V St. NW; 7 p.m., \$30; 202-265-0930, 930.com. (U St.-Cardozo)



RNIS/COURTESY YUNUS YAKOUB

top stops

Compiled by Express' Fiona Zublin, Christopher Porter and Janice Leary. Read more at Expressnightout.com/topstops.

Go Play Outside

The Internet has provided us with a whole new universe, in which we can be whatever we want to be. You can learn all about it in "Second Skin," a documentary about the online worlds we create and inhabit, and all the wacky antics we engage in when playing "World of Warcraft" or "Second Life": They fall in love! They stop caring about anything outside the game! They are killed by mysterious Internet ghosts! OK, not the last one. F.Z.  
→ AFI Silver Theatre, 8633 Colesville Road, Silver Spring; 7 p.m., \$6-\$10; 301-495-6700, Afi.com. (Silver Spring)

**REGAL ENTERTAINMENT GROUP**  
**ROCKVILLE CENTER STADIUM 13**  
Rockville Town Center 800-FANDANGO 248#  
WHERE THE WILD THINGS ARE (PG) ★ (1230 130 300 400) 600 700 840  
LAW ABIDING CITIZEN (R) - ID REQ'D (1200 100 320 420) 620 720 920 1020  
STEP FATHER (PG-13) (210 450) 800 1040  
COUPLES RETREAT (PG-13) (200 340 440) 640 740 1030  
OC & DA: COUPLES RETREAT (PG-13) (1250 PM) 930 PM  
INVENTION OF LYING (PG-13) (110 430) 710 950  
CAPITALISM:A LOVE STORY (R) - ID REQ'D (1210 350) 650 1000  
ZOMBIELAND (R) - ID REQ'D (1220 250 510) 810 1035  
CLOUDY WITH A CHANCE OF MEATBALLS 3D - EVENT PRICE (PG) ★ (150 410) 630 850  
TOY STORY 3D - DOUBLE FEATURE (G) ★ (1240 PM 500 PM) 900 PM  
THE INFORMANT (R) - ID REQ'D (430 PM) 610 PM 910 PM  
WHIP IT (PG-13) (140 PM) 940 PM  
SURROGATES (PG-13) 940 PM  
**GERMANTOWN STADIUM 14**  
20000 Century Blvd 800-FANDANGO 455#  
STEP FATHER (PG-13) (150 420) 720 1000  
WHERE THE WILD THINGS ARE (PG) ★ (1230 210 300 435 530) 700 800 925 1025  
LAW ABIDING CITIZEN (R) - ID REQ'D (130 430) 730 1030  
OC & DA: COUPLES RETREAT (PG-13) (515 PM) 1045 PM  
COUPLES RETREAT (PG-13) (125 230 425) 715 750 1005  
GOOD HAIR (PG-13) (200 445) 735 1015  
WHIP IT (PG-13) (345 PM) 930 PM  
ZOMBIELAND (R) - ID REQ'D (100 145 315 415 525) 745 830 955 1040  
INVENTION OF LYING (PG-13) (410 PM) 710 PM 950 PM  
TOY STORY 3D - DOUBLE FEATURE (G) ★ (300 PM) 700 PM  
SURROGATES (PG-13) (205 440) 725 945  
THE INFORMANT (R) - ID REQ'D (120 PM) 900 PM  
CLOUDY WITH A CHANCE OF MEATBALLS (PG) (100 330) 630 900  
TYLER PERRY'S: I CAN DO BAD ALL BY MYSELF (PG-13) (110 PM) 640 PM  
**UA SNOWDEN SQ STADIUM 14**  
9151 Commerce Ctr Dr 800-FANDANGO 570#  
STEP FATHER (PG-13) (230 500) 745 1015  
WHERE THE WILD THINGS ARE (PG) ★ (210 240 435 505) 700 815 925 955  
LAW ABIDING CITIZEN (R) - ID REQ'D (130 415) 715 1005  
COUPLES RETREAT (PG-13) (125 225 405 455) 650 750 930 1030  
OC: THE INVENTION OF LYING (PG-13) (510 PM) 1025 PM  
WHIP IT (PG-13) (450 PM) 725 PM 1010 PM  
INVENTION OF LYING (PG-13) (245 PM) 800 PM  
CAPITALISM:A LOVE STORY (R) - ID REQ'D (100 400) 705 1000  
ZOMBIELAND (R) - ID REQ'D (110 330 540) 805 1020  
TOY STORY 3D - DOUBLE FEATURE (G) ★ (340 PM) 735 PM  
SURROGATES (PG-13) (120 335 545) 815 1030  
FAME (PG) (220 PM)  
THE INFORMANT (R) - ID REQ'D (115 355) 645 915  
CLOUDY WITH A CHANCE OF MEATBALLS (PG) (235 445) 655 910

**MAJESTIC STADIUM 20**  
900 Ellsworth Dr. Silver Spring, MD 240-393-4826  
WHERE THE WILD THINGS ARE (PG) ★ (1230 300 530) 800 1030  
RW: WHERE THE WILD THINGS ARE (PG) ★ (125 410) 645 920  
LAW ABIDING CITIZEN (R) - ID REQ'D (1240 145 330 430) 605 720 845 1010  
STEP FATHER (PG-13) (1155 115 220 350 450) 630 710 855 940  
COUPLES RETREAT (PG-13) (1200 1250 230 325 425 510) 600 705 745 835 945 1025  
GOOD HAIR (PG-13) (1225 240 500) 715 935  
INVENTION OF LYING (PG-13) (1215 250 520) 755 1020  
CAPITALISM:A LOVE STORY (R) - ID REQ'D (120 420) 740 1040  
TOY STORY 3D - DOUBLE FEATURE (G) ★ (310 PM) 700 PM  
CLOUDY WITH A CHANCE OF MEATBALLS 3D - EVENT PRICE (PG) ★ (135 355) 635 905  
CLOUDY WITH A CHANCE OF MEATBALLS (PG) (210 PM) 445 PM  
PARANORMAL ACTIVITY (R) - ID REQ'D (1255 140 345 435) 610 650 815 910 1015  
ZOMBIELAND (R) - ID REQ'D (130 400) 620 825 1035  
TYLER PERRY'S: I CAN DO BAD ALL BY MYSELF (PG-13) (440 PM) 725 PM  
THE INFORMANT (R) - ID REQ'D 730 PM 955 PM  
WHIP IT (PG-13) (200 PM) 1000 PM  
SURROGATES (PG-13) (150 405) 615 830 1045  
FAME (PG) (105 PM)  
**ROYALE STADIUM 14**  
6505 America Blvd. Hyattsville, MD 301-864-3456  
RW: WHERE THE WILD THINGS ARE (PG) ★ (200 430) 710 940  
WHERE THE WILD THINGS ARE (PG) ★ (255 520) 745 1010  
STEP FATHER (PG-13) (155 425) 740 1025  
LAW ABIDING CITIZEN (R) - ID REQ'D (120 420) 715 1030  
COUPLES RETREAT (PG-13) (110 355) 725 1000  
GOOD HAIR (PG-13) (100 325) 705 1035  
WHIP IT (PG-13) (130 405) 735 1020  
INVENTION OF LYING (PG-13) (150 415) 645 920  
TOY STORY 3D - DOUBLE FEATURE (G) ★ (300 PM) 700 PM  
ZOMBIELAND (R) - ID REQ'D (115 330 540) 750 1015  
SURROGATES (PG-13) (105 335) 720 945  
FAME (PG) (140 410) 655 955  
CLOUDY WITH A CHANCE OF MEATBALLS (PG) (135 345) 640 915  
TYLER PERRY'S: I CAN DO BAD ALL BY MYSELF (PG-13) (215 450) 730 1005  
**BETHESDA 10**  
1777 W. Wisconsin Avenue 800-FANDANGO 655#  
STEP FATHER (PG-13) (215 440) 720 945  
LAW ABIDING CITIZEN (R) - ID REQ'D (100 400) 710 1000  
WHERE THE WILD THINGS ARE (PG) ★ (100 435) 700 925  
COUPLES RETREAT (PG-13) (110 205 345 450) 645 730 920 1020 PM  
WHIP IT (PG-13) (520 PM) 750 PM 1020 PM  
INVENTION OF LYING (PG-13) (200 500) 800 1025  
ZOMBIELAND (R) - ID REQ'D (140 350) 600 810 1020  
FAME (PG) (220 PM)  
CLOUDY WITH A CHANCE OF MEATBALLS 3D - EVENT PRICE (PG) ★ (150 400) 630 840  
THE INFORMANT (R) - ID REQ'D 740 PM 1010 PM  
CLOUDY WITH A CHANCE OF MEATBALLS (PG) (100 PM 305 510 PM)  
**BOWIE STADIUM 14**  
15200 Major Lansdale Blvd 800-FANDANGO 454#  
STEP FATHER (PG-13) (250 530) 805 1035  
WHERE THE WILD THINGS ARE (PG) ★ (200 230 425 455) 650 720 915 945  
LAW ABIDING CITIZEN (R) - ID REQ'D (100 150 355 445) 640 730 930 1015  
GOOD HAIR (PG-13) (215 450) 705 1000  
COUPLES RETREAT (PG-13) (220 500) 745 1025  
INVENTION OF LYING (PG-13) (155 PM)  
TOY STORY 3D - DOUBLE FEATURE (G) ★ (100 PM 450 PM) 840 PM  
ZOMBIELAND (R) - ID REQ'D (140 350) 600 810 1020  
SURROGATES (PG-13) (115 330 545) 800 1010  
FAME (PG) (145 420) 715 950  
CLOUDY WITH A CHANCE OF MEATBALLS (PG) (205 440) 705 920  
TYLER PERRY'S: I CAN DO BAD ALL BY MYSELF (PG-13) (225 510) 750 1030  
9 (PG-13) (430 PM) 655 PM 925 PM

**GALLERY PLACE STADIUM 14**  
701 Seventh St NW 800-FANDANGO 1721#  
LAW ABIDING CITIZEN (R) - ID REQ'D (1245 300) 400 630 715 920 1020  
WHERE THE WILD THINGS ARE (PG) ★ (1130 200) 430 700 930  
STEP FATHER (PG-13) (1140 215) 500 730 1010  
OC & DA: COUPLES RETREAT (PG-13) (210 PM) 1015 PM  
COUPLES RETREAT (PG-13) (1135 120) 410 450 650 735 940  
GOOD HAIR (PG-13) (1150 215) 445 720 950  
WHIP IT (PG-13) (1145 AM)  
INVENTION OF LYING (PG-13) (220 510 750 1025  
TOY STORY 3D - DOUBLE FEATURE (G) ★ (1135 AM 325 PM) 710 PM  
ZOMBIELAND (R) - ID REQ'D (1130 140) 355 610 820 1030  
PARANORMAL ACTIVITY (R) - ID REQ'D (1215 120 250) 350 520 615 745 830 1000 1040  
SURROGATES (PG-13) (1220 PM) 530 PM 1035 PM  
FAME (PG) (245 PM) 800 PM  
THE INFORMANT (R) - ID REQ'D (1155 210 435) 650 915  
CLOUDY WITH A CHANCE OF MEATBALLS 3D - EVENT PRICE (PG) ★ (1155 210 435) 650 915  
**BALLSTON COMMON STADIUM 12**  
671 N Glebe Rd 800-FANDANGO 377#  
STEP FATHER (PG-13) (230 510) 750 1030  
COUPLES RETREAT (PG-13) (120 320 420) 620 720 920 1020  
CAPITALISM:A LOVE STORY (R) - ID REQ'D (140 PM 440 PM) 740 PM  
TOY STORY 3D - DOUBLE FEATURE (G) ★ (330 PM) 730 PM  
I HOPE THEY SERVE BEER IN HELL (R) - ID REQ'D (220 505) 745 1035  
THE INFORMANT (R) - ID REQ'D (205 450) 730 1015  
CLOUDY WITH A CHANCE OF MEATBALLS (PG) (215 435) 700 930  
BRIGHT STAR (PG) (100 400) 650 940  
9 (PG-13) (200 425) 640 855  
DISTRICT 9 (R) - ID REQ'D (150 PM 455 PM) 800 PM  
JULIE & JULIA (PG) (110 410) 710 1010  
**POTOMAC STADIUM 16**  
3575 Jefferson Davis Hwy 800-FANDANGO 690#  
STEP FATHER (PG-13) (230 510) 750 1030  
LAW ABIDING CITIZEN (R) - ID REQ'D (1240 140 340 440) 640 740 940 1040  
WHERE THE WILD THINGS ARE (PG) ★ (1225 125 325 425) 620 720 900 1000  
OC & DA: COUPLES RETREAT (PG-13) (315 PM) 920 PM  
COUPLES RETREAT (PG-13) (1215 115 415) 630 730 1020  
GOOD HAIR (PG-13) (205 435) 710 950  
INVENTION OF LYING (PG-13) (130 410) 655 935  
TOY STORY 3D - DOUBLE FEATURE (G) ★ (300 PM) 700 PM  
ZOMBIELAND (R) - ID REQ'D (1250 310 530) 810 1035  
CLOUDY WITH A CHANCE OF MEATBALLS (PG) (135 400) 650 915  
TYLER PERRY'S: I CAN DO BAD ALL BY MYSELF (PG-13) (155 445) 735 1025  
INGLORIOUS BASTERDS (R) - ID REQ'D (100 PM 430 PM) 800 PM  
SURROGATES - DP (PG-13) (1220 250 520) 745 1010  
WHIP IT (PG-13) (350 PM) 645 PM 945 PM  
FAME (PG) (105 PM)  
**KINGSTOWNE STADIUM 16**  
5910 Kingstowne Towne Center 703-522-1955  
WHERE THE WILD THINGS ARE (PG) ★ (1255 330) 600 825  
RW: WHERE THE WILD THINGS ARE (PG) ★ (1130 155 430) 715 945  
LAW ABIDING CITIZEN (R) - ID REQ'D (1220 205 400 455) 645 745 930 1030  
STEP FATHER (PG-13) (140 415) 705 940  
COUPLES RETREAT (PG-13) (1150 125 225 410 500) 650 740 925 1025  
GOOD HAIR (PG-13) (100 405) 630 935  
INVENTION OF LYING (PG-13) (245 PM) 615 PM 910 PM  
CAPITALISM:A LOVE STORY (R) - ID REQ'D (105 355) 700 955  
TOY STORY 3D - DOUBLE FEATURE (G) ★ (1140 AM 335 PM) 730 PM  
ZOMBIELAND (R) - ID REQ'D (215 445) 735 1000  
PARANORMAL ACTIVITY (R) - ID REQ'D (1215 110 230 325 440 535) 655 810 915 1030  
SURROGATES (PG-13) (1200 235) 620 900  
FAME (PG) (1210 PM)  
CLOUDY WITH A CHANCE OF MEATBALLS (PG) (1135 150 425) 640 905  
THE INFORMANT (R) - ID REQ'D (115 445) 715 AM  
TYLER PERRY'S: I CAN DO BAD ALL BY MYSELF (PG-13) (1130 AM)

**COUNTRYSIDE STADIUM 20**  
45980 Regal Plaza 800-FANDANGO 394#  
LAW ABIDING CITIZEN (R) - ID REQ'D (1210 100 310 400) 610 705 910 1000  
WHERE THE WILD THINGS ARE (PG) ★ (1250 150 335 435) 620 720 905 1005  
STEP FATHER (PG-13) (220 455) 740 1015  
OC & DA: COUPLES RETREAT (PG-13) (430 PM) 955 PM  
COUPLES RETREAT (PG-13) (1205 105 145 250 350 535) 630 715 815 915  
WHIP IT (PG-13) (1230 315) 615 900  
INVENTION OF LYING (PG-13) (135 415) 655 935  
CAPITALISM:A LOVE STORY (R) - ID REQ'D (1240 340) 640 940  
ZOMBIELAND (R) - ID REQ'D (1245 205 305 425 545) 620 805 920 1025  
TOY STORY 3D - DOUBLE FEATURE (G) ★ (1200 PM 355 PM) 750 PM  
I HOPE THEY SERVE BEER IN HELL (R) - ID REQ'D (155 440) 725 1010  
SURROGATES (PG-13) (110 330 550) 810 1030  
FAME (PG) (1220 325) 635 925  
THE INFORMANT (R) - ID REQ'D (130 410) 655 930  
CLOUDY WITH A CHANCE OF MEATBALLS (PG) (1215 240 505) 730 950  
9 (PG-13) (1235 300 525) 800 1020  
**FOX STADIUM 16**  
22815 Crawford Plz. Ashburn, VA 703-957-1035  
WHERE THE WILD THINGS ARE (PG) ★ (1245 210 310 435 535) 700 800 925 1025  
LAW ABIDING CITIZEN (R) - ID REQ'D (150 440) 730 1020  
STEP FATHER (PG-13) (100 320 540) 810 1030  
RW & DA: COUPLES RETREAT (PG-13) (1240 315 550) 830  
COUPLES RETREAT (PG-13) (200 450) 730 1000  
ZOMBIELAND (R) - ID REQ'D (130 230 350 445) 600 715 815 950 1020  
WHIP IT (PG-13) (140 410) 645 910  
INVENTION OF LYING (PG-13) (145 415) 640 910  
TOY STORY 3D - DOUBLE FEATURE (G) ★ (330 PM) 745 PM  
THE BOYS ARE BACK (PG-13) (1235 300 530) 750 1010  
SURROGATES (PG-13) (215 430) 710 945  
FAME (PG) (150 420) 650 920  
THE INFORMANT (R) - ID REQ'D (110 340) 610 850  
CLOUDY WITH A CHANCE OF MEATBALLS (PG) (1230 240 510) 720 930  
**FAIRFAX TOWNE CENTER 10**  
4110 W Ox Road 800-FANDANGO 670#  
NEW YORK, I LOVE YOU (R) - ID REQ'D (115 350) 720 955  
GOOD HAIR (PG-13) (125 400) 715 1005  
INVENTION OF LYING (PG-13) (140 440) 730 1000  
CAPITALISM:A LOVE STORY (R) - ID REQ'D (330 PM) 630 PM 930 PM  
ZOMBIELAND (R) - ID REQ'D (100 150 410 520) 640 740 940  
TOY STORY 3D - DOUBLE FEATURE (G) ★ (300 PM) 700 PM  
PARANORMAL ACTIVITY (R) - ID REQ'D (105 200 320 430 535) 650 750 920 1020  
FAME (PG) (130 420) 710 950  
9 (PG-13) (315 PM) 1010 PM  
**MANASSAS STADIUM 14**  
11380 Bulloch Drive 800-FANDANGO 490#  
LAW ABIDING CITIZEN (R) - ID REQ'D (100 200 350 450) 640 740 930 1030  
STEP FATHER (PG-13) (240 510) 750 1020  
WHERE THE WILD THINGS ARE (PG) ★ (1240 130 330 410) 620 700 900 950  
COUPLES RETREAT (PG-13) (140 220 430 520) 720 800 1000 1040  
WHIP IT (PG-13) (320 PM) 830 PM  
INVENTION OF LYING (PG-13) (210 440) 710 940  
TOY STORY 3D - DOUBLE FEATURE (G) ★ (310 PM) 730 PM  
ZOMBIELAND (R) - ID REQ'D (250 500) 730 1010  
SURROGATES (PG-13) (150 420) 630 850  
FAME (PG) (400 PM) 650 PM 920 PM  
THE INFORMANT (R) - ID REQ'D (120 PM)  
CLOUDY WITH A CHANCE OF MEATBALLS (PG) (110 340) 600 820  
9 (PG-13) (1230 PM) 610 PM



television **lookout**

# She Told Everyone So

**Tonight on PBS: How one woman saw our financial woes coming**

**WARNING** | "Frontline: The Warning" (9 p.m., PBS) producer Michael Kirk has found a great human-interest story at the heart of the financial meltdown.

A political nobody in charge of a miniscule agency, lawyer Brookley Born headed the obscure Commodity Futures Trading Commission (CFTC) during the Clinton administration. As early as 1993, she warned of the dangers of the unregulated derivatives market.

Her efforts to rein in this future market earned her the wrath and official rebuke of Fed Chairman Alan Greenspan, Treasury Secretary Robert Rubin and Clin-



Brookley Born endured the wrath of many due to her ominous economic predictions.

ton adviser Larry Summers, men dubbed "The Committee to Save the World" on the cover of Time magazine who believed that free markets would police themselves.

But in 1998, Born was proven right when the hedge fund Long Term Capital Management exploded and almost brought down the world

economy. And by 2008, derivatives were at the heart of the financial system and its precipitous collapse.

A story as old as Homer's tale of the unheeded prophet Cassandra (with contemporary feminism thrown in), this "Frontline" is not to be missed. KEVIN MCDONOUGH (UNITED FEATURE SYNDICATE)

## tonight's lineup

### PRICELESS PRIZE

On **THE BIGGEST LOSER** (8 p.m., NBC), the two teams head to the beach to dig for buried treasure: tickets home to see their loved ones. But — spoiler alert! — there's a surprise twist, because the "winning" team immediately is put in temptation's way, struggling to eat healthy and work out without their trainer's direct supervision. The contestants on the other team help out at a food bank.

### COPING STRATEGIES

On Halloween, Adrianna (Jessica Lowndes) tries to deal with the end of her relationship with Navid (Michael Steger) by channeling the spirit of Marilyn Monroe during a party at the Beverly Hills Beach Club on **90210** (8 p.m., CW). Elsewhere, Silver and Kelly (Jessica Stroup and Jennie Garth) disagree about caring for Jackie (Ann Gillespie).



Aaron Carter and the other "DWTS" celebs pay tribute to the King of Pop.

### ALL HAIL THE KING

The contestants have danced to Michael Jackson's music in previous seasons of **DANCING WITH THE STARS** (9 p.m., ABC), but this season's tribute to the King of Pop is particularly poignant given his passing. Then, another team gets its walking papers.

### 'LESS IS MORE, DAHLING'

On **MELROSE PLACE** (9 p.m., CW), Ella and Riley arrive at the Anton V photo shoot and meet the photographer, Jo Reynolds, who tries to persuade Riley to do a topless shoot.


### WATERY GRAVE

In a new episode of **THE FORGOTTEN** (10 p.m., ABC), the team's latest victim is found in a drainage tunnel, dead from a gunshot wound. Complicating the case — as if they weren't all complicated — is evidence indicating the victim might have been searching for someone when he was killed.

### REPEAT OFFENDER

When will he learn that mixing his business and personal life is rarely a good idea? On a new **FLIPPING OUT** (10 p.m., Bravo), Jeff accepts a new job in the Toluca Woods area from a client who is a close friend. He also tries to mend fences with former boyfriend and business partner Ryan.

(TRIBUNE MEDIA)



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Independence Ave & First St. SW  
Washington, DC

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Fall 2010, February 1, 2010

For more information contact:

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**SERIES Family Reunion?** Whether Michael Jackson's children will be part of a TV series about his brothers is up in the air. A&E says the reality show with the working title "The Jacksons: A Family Dynasty" is focused on brothers Jackie, Jermaine, Tito and Marlon, and their lives after Michael's death. But A&E said last week it's too early to know which other Jacksons will appear in the series. (AP)



Poll Center

DO YOU THINK THE REDSKINS ARE THE WORST TEAM IN THE NFL THIS SEASON?

YESTERDAY'S RESULTS AS OF 5 P.M.

YES 63%  
NO 37%

**"The only team** that might nudge the Redskins from the bottom slot would be the pathetic Lions. Oh, wait — they beat Washington, didn't they? I guess that answers your question!"

COMMENTER PHILISTINE

**"No, the Rams** are clearly the worst, and the Redskins have already beaten them. I would put them at third-worst behind St. Louis and Cleveland."

COMMENTER BALTIKA4

**"[They] may not be** the worst team. There are teams that still haven't won a game at all. They are perhaps the worst managed/coached team."

COMMENTER DAGNY

SEE HOW YOUR METRO STATION VOTED  
WWW.EXPRESSNIGHTOUT.COM



**"IN THEIR BRILLIANCE,** [Dan] Snyder and [Vinny] Cerrato have now stripped play-calling duties from Jim Zorn. Look, fire the guy. And sell the team. The Redskins are a joke in the NFL, and games like this don't help."

OLIVERWILLIS.COM IS TIRED OF THE REDSKINS' OWNER AND EXECUTIVE VICE PRESIDENT, AND OFFERS SOME WORDS OF ADVICE FOR THE FUTURE.



SPENCER PLATT/GETTY IMAGES



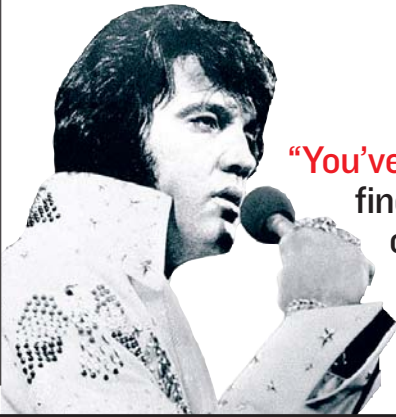
**"WITH THE MEXICAN** cartels spreading their violent tentacles in the U.S. and bullets still flying at your local crack corner, it's very smart to prioritize and lay off the medical marijuana users."

TICKLETHEWIRE.COM FINDS THE OBAMA ADMINISTRATION'S NEW POLICY ON MEDICAL MARIJUANA TO BE A BIT TOO LAX.



**"I'm pretty sure** there were fewer deaths during the last marathon held in Kabul. I think we can all agree that Detroit sucks."

RUMORSANDRANTS.COM WAS SURPRISED BY NEWS THAT THREE PEOPLE DIED DURING THE DETROIT FREE PRESS MARATHON SUNDAY, CALLING THE INCIDENT "MORE EVIDENCE OF THE MOTOR CITY'S AWFULNESS."



**"You've probably been waiting anxiously** to find out what the going rate for a clump of Elvis Presley's hair is. Well, the answer is \$18,300."

LASTINGTRIBUTE.BLOGSPOT.COM WAS SURPRISED TO HEAR THAT SOME OF PRESLEY'S HAIR SOLD FOR SUCH A HIGH PRICE AT A LESLIE HINDMAN AUCTION IN CHICAGO.

**"TO MY GAY FAM,** get out of Morehouse [College], and go to a [school] that will let you be you. This is a bag of refried mess."

SOUTHERN4LIFE.BLOGSPOT.COM DOES NOT SUPPORT THE HISTORICALLY BLACK COLLEGE'S NEW ATTIRE POLICY BANNING CROSS-DRESSING, WHICH SOME SAY SPECIFICALLY TARGETS GAY STUDENTS.

5 Day Forecast for the Washington Area

**Today**

Warmer

70°

**Tonight**

Mostly clear

48°

**Wednesday**

Sunny

75° / 53°

**Thursday**

Mostly sunny

76° / 52°

**Friday**

Rain

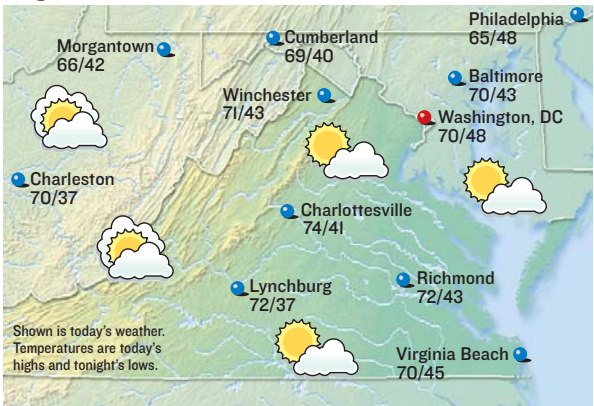
63° / 50°

**Saturday**

Rain

60° / 48°

Regional Weather



Almanac

Washington, D.C., through 4 p.m. Mon.  
**Temperature**  
High ..... 57°  
Low ..... 40°  
Normal high ..... 67°  
Normal low ..... 48°  
Average humidity ..... 46%

Precipitation

24 hours ending 4 p.m. .... 0.02"  
Month to date ..... 2.63"  
Normal month to date ..... 2.02"  
Year to date ..... 32.60"  
Last year to date ..... 40.00"  
Normal year to date ..... 32.07"

For up-to-the-minute weather, see:  
washingtonpost.com/weather

Regional Forecast

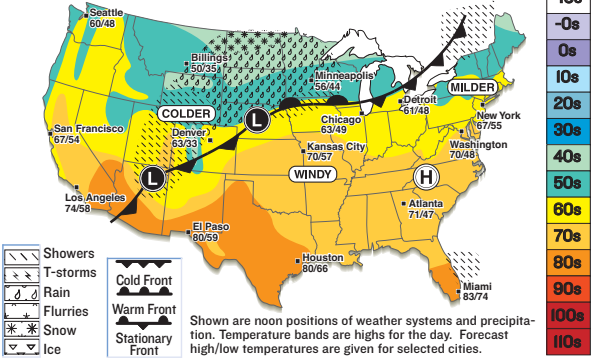
**D.C. Metro:** Today, partly sunny, warmer. High 70. Wind west-southwest 4-8 mph. Tonight, clear. Low 48. Wind west-southwest 3-6 mph.

Sun and Moon

Sunrise today ..... 7:23 a.m.  
Sunset tonight ..... 6:23 p.m.  
Moonrise today ..... 10:05 a.m.  
Moonset today ..... 7:37 p.m.



National Weather for Tuesday, October 20



National Cities

City	Today Hi/Lo/W	Wed. Hi/Lo/W
Atlanta	71/47/s	74/54/s
Boston	62/47/pc	63/50/pc
Chicago	63/49/pc	65/47/pc
Dallas	76/67/pc	73/59/t
Denver	63/33/pc	47/29/c
Honolulu	86/75/c	85/74/pc
Los Angeles	74/58/pc	84/60/s
Miami	83/74/pc	86/76/pc
New York City	67/55/pc	71/54/s
Orlando	79/67/s	83/66/pc
Seattle	60/48/pc	57/48/r

World Cities

City	Today Hi/Lo/W	Wed. Hi/Lo/W
Amsterdam	52/45/pc	59/48/c
Athens	72/55/s	70/57/s
Berlin	48/36/s	50/37/s
Buenos Aires	73/55/pc	66/50/t
Calgary	42/23/c	47/29/c
Dublin	54/46/r	55/46/pc
Geneva	62/47/pc	63/50/c
Moscow	45/36/pc	45/37/r
Rome	61/50/s	64/54/r
Sydney	82/59/s	90/61/s
Tokyo	73/61/s	72/59/s

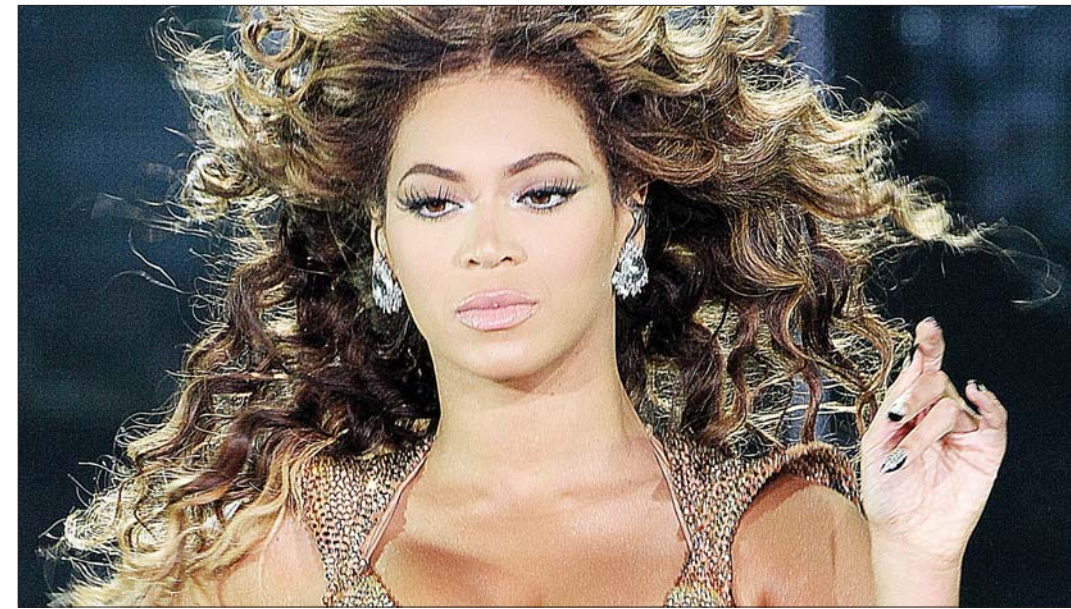
s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, i-ice.







lookout people



CONCERTS

Malaysia Not Putting a Ring on It

**BEYONCE KNOWLES** has postponed a planned concert in Malaysia, the organizer said Monday. She had been scheduled to perform in Kuala Lumpur on Oct. 25. The show “has been postponed to a future date” to be announced, said entertainment company Marcensia. A representative declined to say whether the decision was prompted by criticism from the Pan-Malaysian Islamic Party, which has called for the show to be scrapped because it would promote “Western sexy performances.” (AP)

DEALS

Give to Charity, Get Random Item of Babs' Clothing Free!

A robe worn by **BARBRA STREISAND** in “The Way We Were” sold for nearly \$6,000, and an outfit from “Meet the Fockers” went for \$3,500 at an auction of hundreds of the entertainer’s personal items held last weekend. A wig from “On a Clear



Her fans are a loyal and strange crew.

Day You Can See Forever” sold for \$3,500. All of the proceeds went to various charities. (AP)

**expressnightout**  
Find the latest celebrity news and photo evidence of stars' sordid lives at [WWW.EXPRESSNIGHTOUT.COM](http://WWW.EXPRESSNIGHTOUT.COM).



Jon Bon Jovi: future governor of New Jersey?

CHARITY  
Bon Jovi Seeds Barren Land of New Jersey With Benevolence

One of New Jersey’s biggest rock stars is trying to give a boost to the state’s poorest city. **JON BON JOVI** was in Camden on Monday helping volunteers build a new playground at Rafael Cordero Molina Elementary School. His Jon Bon Jovi Soul Foundation has

become a big player in the network of charities trying to boost a city that consistently ranks as one of the nation’s most impoverished. The group is also helping pay to turn vacant lots into landscaped public spaces. Bon Jovi is also involved in a project to provide affordable housing in Newark. (AP)

UNUSUAL  
Item About Kate Gosselin Actually Mentions Her Kids

**KATE GOSSELIN** admitted to Vanity Fair that her kids have been “acting out.” “I’m trying to give them the grace to see, if they’re acting out of line, I’m trying to look deeper into why that is,” she tells the magazine. “Why the kids are acting out. Cause it’s all interrelated. I mean, they don’t see it, but it’s all interconnected.” (EXPRESS)



How dare Kate's kids act like children?

DEMANDS  
Recently Deceased Lobsters Were Acceptable

**PARIS HILTON** did not demand that live lobsters be cooked fresh for her on a movie set, her rep told USmagazine.com. The New York Post alleged that Hilton’s contract for a cameo in the film “The Other Guys” included the request for the lobsters, a bottle of Grey Goose vodka and other luxuries. (EXPRESS)



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# puzzles lookout

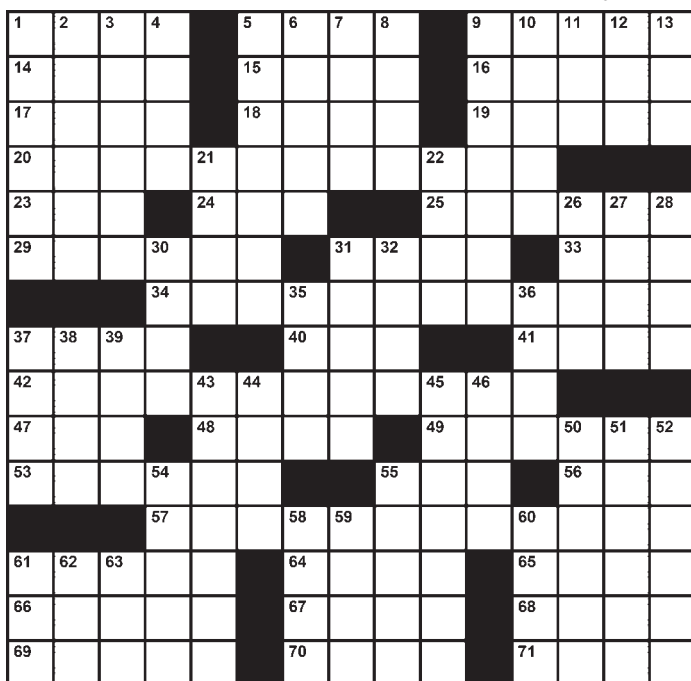
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### ACROSS

1 Army bugle call  
5 Lincoln and Burrows  
9 Bird that grows nuptial plumage  
14 Opera highlight  
15 "Circle" or "final" start  
16 Worst possible turnout  
17 Bank encumbrance  
18 Tight, straight cut  
19 Material for Hush Puppies  
20 Predinner event  
23 "\_\_\_ only as directed"  
24 Amber, for example  
25 Car-racing class  
29 Kind of enemy  
31 Bridge (over)  
33 "What Kind of Fool \_\_\_?"  
34 Midnight, in some horror stories  
37 A concha tops it  
40 Kind of pursuit  
41 Something \_\_\_ (extraordinary thing)  
42 Unit of academic credit  
47 \_\_\_ de vie (clear brandy)  
48 Cluster of feathers  
49 Without further ado  
53 Reach, as a goal  
55 Word often between two names  
56 Trireme item  
57 Last-minute  
61 Unconnected  
64 "Are you \_\_\_ out?"  
65 Centuries-old Icelandic work  
66 Granter of three wishes

### DOWN

67 Unspecified quantity  
68 Money guru  
Greenspan  
69 Chose  
70 "... so long \_\_\_ both shall live"  
71 Attack with snowballs  
1 Dusting powder  
2 Certain vocal style  
3 Quilter or textile worker  
4 Destroyed destroyers  
5 Battery mate?  
6 Prove false  
7 "The Last Command" Oscar winner Jannings  
8 "Revenge of the \_\_\_" ("Star Wars" film)  
9 Following  
10 Squash or calabash  
11 Tuna-to-be  
12 Conclusion  
13 The beginning of time?  
21 Malaysian's neighbor  
22 Middle Eastern monarchy  
26 Wilde's "The Ballad of Reading \_\_\_"  
27 Avian Australians  
28 Become bushed  
30 Cutesy, to a Brit  
31 "Father of the Bride" actor  
32 Safari helmet material, perhaps  
35 Order preparer  
36 White knight, stereotypically  
37 Where the buoys are



EDITED BY TIMOTHY E. PARKER

38 Bog component  
39 V-chips block it  
43 Awkwardly formal  
44 Adjust for pitch  
45 Yellow ribbon site of song  
46 State with many Mormons  
50 Piece of pasta  
51 At the tail  
52 On the wrong course  
54 Condo for a condor

55 Breakdown of societal norms (var.)  
58 Foreign-travel necessity  
59 Baseball Hall-of-Famer Slaughter  
60 Trouble quantity?  
61 "Four score and seven years \_\_\_"  
62 Type of high-school rally  
63 Model Aesop character

### Yesterday's Solution



## SUDOKU | MEDIUM

Fill in the boxes so each row, column and 3-by-3 square includes the digits 1 through 9. See [www.sudoku.com](http://www.sudoku.com) for solution, tips and computer program.

### Need more Su|do|ku?

Find another Sudoku puzzle in the Comics section of the Post every Sunday and in the Style section Monday through Saturday.

### Yesterday's Solution

3	8	1	5	4	6	2	9	7
5	4	9	3	7	2	8	1	6
7	2	6	8	1	9	4	3	5
2	1	5	9	8	7	6	4	3
6	9	8	4	5	3	1	7	2
4	3	7	2	6	1	5	8	9
9	7	4	1	2	5	3	6	8
8	5	3	6	9	4	7	2	1
1	6	2	7	3	8	9	5	4

7	5					4	6
			5		4		
		8	6		7	1	
	3			5			1
6							2
	9			7			6
		6	1		8	9	
			4		5		
2	1						8
							3

© PUZZLES BY PAPPOCOM

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✓ Drink daily or almost daily?

✓ Are between the ages of 24 and 60?

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## DAUGHTRY

NOVEMBER 17 AT THE PATRIOT CENTER

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